

Meets/Clinics/Events

Updated 11.5.2026

Notes: *1. Priority day for all State Championships is Sunday. If two days are required, Saturday & Sunday are priority days. Friday will only be used to meet USAG R&P requirements.*
2. Only USAG Sanctioned competitions are allowed to be listed.

Year	Date	Level/Meet/Event	Host/Location
2026	Oct 17/18	***Flippin' with Flamingoes*** ***DP 2-10 & All Xcel***	Westys @ Wildwood Convention Center Wildwood, NJ
	Oct 17-25	***54th FIG Artistic Gymnastics World Championships***	Rotterdam, NED
	Oct 24/25	***Pumpkin Cup*** ***DP 2-5 & XB/XS***	NJ NAWGJ @ St Thomas Aquinas HS Edison, NJ
	Nov 6-8	***Plum Cares Invitational*** ***All DP & Xcel***	Plum Leo Edison, NJ
	Nov 8	***The Harvest Hustle*** ***DP 3/4, XB/XS***	Meadowlands Hasbrouck Heights, NJ
	Nov 14/15	***Gator Bowl*** ***DP 2-8, All Xcel***	Giant Sparta, NJ
	Nov 14/15	***Cornucopia Invitational*** ***DP 2-9 & XB/XS***	North Stars Boonton, NJ
	Nov 20-22	***Lemon Classic*** ***DP 2-10 & All Xcel***	Bright Stars @ Atlantic Field House Egg Harbor Twp, NJ
	Nov 20-22	***Rutgers Classic*** ***All DP & Xcel***	Rutgers University

Year	Date	Level/Meet/Event	Host/Location
	Nov 22	***Fun & Friendly Invitational*** ***DP 2/3 & XB/XS***	Rettig's Cedar Knolls, NJ
	Dec 4-6	***Crystal Springs Frozen Invitational*** ***DP 2-10 & All Xcel***	Westys @ Crystal Springs Minerals Resort Vernon Twp, NJ
	Dec 4-6	***Drop It Like It's Hot with Katelyn Ohashi***	LR Productions @ Iron Peak Sports & Events Hillsborough, NJ
	Dec 5/6	*Sugar Plum Spectacular* *DP 2-5 & XB/XS/XG*	Jersey All-Star Cinnaminson, NJ
	Dec 5-8	***Greater NY Invitational*** ***All DP & Xcel***	US Gym @ Rockland Community College Suffern, NY
	Dec 11-13	***Snowflake Invitational*** ***All DP & Xcel***	Will-Moor Mt Laurel, NJ
	Dec 12/13	***Peace, Love & Chalk Invitational*** ***DP 2-6 & XB/XS***	Go for the Gold Whippany, NJ
	Dec 12/13	***Crystal Morgan Invitational*** ***All DP & Xcel***	Action Freehold, NJ
	Dec 18-20	***Robin Cone Memorial Classic*** ***All DP & Xcel***	Raritan Center Expo Hall Edison, NJ
2027	Jan 8-10	***Liv Like a Unicorn Invitational*** ***All DP & Xcel***	Freehold Elite @ St Thomas Aquinas HS Edison, NJ
	Jan 8-10	***Garden State Classic*** ***All DP & Xcel***	North Stars Boonton, NJ
	Jan 8-10	***Winter Bowl Invitational*** ***All DP & Xcel***	Atlantic Coast Williamstown, NJ

Year	Date	Level/Meet/Event	Host/Location
	Jan 15-17	***Starstruck Invitational*** ***All DP & Xcel***	Star Bound @ Atlantic City Convention Center Atlantic City, NJ
	Jan 22-24	***Fantasia Classic*** ***DP 2-6 & XB/XS/XG***	Arena Hamilton, NJ
	Jan 22-24	***Once Upon a Time Invitational*** ***All DP & Xcel***	Brant Luska @ St Thomas Aquinas HS Edison, NJ
	Jan 22-24	***Scarlet Knight Invitational*** ***All DP & Xcel***	Rutgers University Piscataway, NJ
	Jan 24	***Icicle Invitational*** ***All DP & Xcel***	Northern Elite Flanders, NJ
	Jan 29-31	***Spartan Winter Classic*** ***all DP & Xcel***	Spartan Eatontown, NJ
	Jan 30/31	***Bring the Action Invitational*** ***All DP & Xcel***	Action Freehold, NJ
	Jan 31	***Flippin' in a Winter Wonderland Invitational*** ***XB/XS/XG***	Flippin' Out Pompton Plains, NJ
	Feb 5-7	***NJ Team Chanpionships*** ***All DP & Xcel***	USAG & NAWGJ @ Spartan Eatontown, NJ
	Feb 5-7	***Candyland Classic*** ***DP 2-10 & All Xcel***	Westys @ Kartrite Resort Montecello, NY
	Feb 5-7	***Charity Invitational*** ***DP 2-10 & XB-XSap***	Head Over Heels Parlin, NJ
	Feb 12-14	***Make a Wish Invitational*** ***All DP & Xcel***	Freehold Elite @ RWJ Barnabas Arena Toms River, NJ

Year	Date	Level/Meet/Event	Host/Location
	Feb 19-21	***Xcel Bronze State Championships***	Blakes @ Eugene A Tighe Middle School Margate City, NJ
	Feb 20	***YMCA Meet*** ***Xcel Bronze & Silver***	Fanwood Scotch PlainsYMCA Scotch Plains, NJ
	Feb 22-28	***Xcel Silver State Championships***	Blakes @ Eugene A Tighe Middle School Margate City, NJ
	Feb 26-28	***March will be Madness Invitational*** ***DP 2-10 & Open and All Xcel***	North Stars Boonton, NJ
	Feb 26-28	***Fantasia Classic*** ***DP 7-10/Open & XP/XD/XSap***	Arena Hamilton, NJ
	Feb 26-28	***Jamie Stymiest Invitational*** ***All DP & Xcel***	Will-Moor Mt Laurel, NJ
	Mar 5-7	***2/3/4/5/6 State Championships***	Freehold Elite @ RWJ Barnabas Arena Toms River, NJ
	Mar 5-7	***Twilight Knight Invitational*** ***All DP & Xcel***	Rutgers University Piscataway, NJ
	Mar 7	***NOC Rockstar Gymnastics Meet*** ***All DP & Xcel***	Northern Elite Flanders, NJ
	Mar 12-14	***Crystal Springs Shamrock Showdown*** ***DP 2-10 & All Xcel***	Westys @ Crystal Springs Minerals Resort Vernon Twp, NJ
	Mar 12-14	***Gator Classic*** ***DP 2-8, All Xcel***	Giant Sparta, NJ

Year	Date	Level/Meet/Event	Host/Location
	Mar 12-14	***Beast of the East Invitational*** ***All DP & Xcel***	Freehold Elite @ RWJ Barnabas Arena Toms River, NJ
	Mar 13/14	***In My Gymnastics Era Invitational*** ***All DP & Xcel***	Action Freehold, NJ
	Mar 19-21	***7/8/9/10 State Championships***	Indigo
	Apr 2-4	***Tulip Invitational*** ***XG-XSap***	Head Over Heels Parlin, NJ
	Apr 2-4	***Swing into Spring Invitational*** XG/XP/XD/XSap	Monmouth Morganville, NJ
	Apr 2-4	Spring Madness Invitational All DP & Xcel	Will-Moor Mt Laurel, NJ
	Apr 3	YMCA Meet Xcel Bronze & Silver	Fanwood Scotch PlainsYMCA Scotch Plains, NJ
	Apr 8-11	***9/10 Regional Championships***	Ocean Tumblers @ Virginia Beach Sports Center Viginia Beach, VA
	Apr 10/11	***The Sunshine Invitational*** ***DP 2-8 & XB/XS/XG/XP***	Jersey All-Star Cinnaminson, NJ
	Apr 16-18	***Beach Classic*** ***All DP & All Xcel***	Flyers @ Wildwood Convention Center Wildwood, NJ
	Apr 16-18	***Xcel Platinum State Championships***	Star Bound
	Apr 16-18	***7/8 Regional Championships***	Excalibur @ Virginia Beach Sports Center Viginia Beach, VA
	Apr 23-25	***Xcel Diamond/Sapphire State Championships***	Star Bound

Year	Date	Level/Meet/Event	Host/Location
	Apr 30 - May 2	***Xcel Gold State Championships***	Spartan Eatontown, NJ
	May 6-9	***9 Eastern Championships***	Alachua County Sports and Events Center Gainesville, FL
	May 13-16	***10 National Championships***	Huntington Place Convention Center Detroit, MI
	May 20-23	***Xcel Regional Championships***	Centre Elite @ Nittany Valley Sports Centre State College, PA
	Jun 10-13	***National Xcelebration*** ***XP, XD, XSap***	TBA
	Oct 28 - Nov 6	***55th FIG Artistic Gymnastics World Championships***	Chengdu, CHN
2028	Apr 27-30	***9 Eastern Championships***	TBA
	May 4-7	***10 National Championships***	TBA
	Jun 16-19	***US Olympic Trials***	KFC Yum! Center Louisville, KY
	Jul 14-30	***Olympic Games***	Los Angeles, CA
2032	Jul 23 - 8 Aug	***Olympic Games***	Brisbane, Australia