



Meets/Clinics/Events

Updated 9.29.2026

Notes: 1. Priority day for all State Championships is Sunday. If two days are required, Saturday & Sunday are priority days. Friday will only be used to meet USAG R&P requirements.
2. Only USAG Sanctioned competitions are allowed to be listed.

Year	Date	Level/Meet/Event	Host/Location
2026	Sep 26	Region 7 Xcel Training Camp	Spartan
	Oct 17/18	<u>Flippin' with Flamingoes</u> <i>DP 2-10 & All Xcel</i>	Westys @ Wildwood Convention Center Wildwood, NJ
	Oct 17-25	<i>54th FIG Artistic Gymnastics World Championships</i>	Rotterdam, NED
	Oct 24/25	<u>Pumpkin Cup</u> <i>DP 2-5 & XB/XS</i>	NJ NAWGJ @ St Thomas Aquinas HS Edison, NJ
	Nov 6-8	<u>Plum Cares Invitational</u> <i>All DP & Xcel</i>	Plum Leo Edison, NJ
	Nov 8	<u>The Harvest Hustle</u> <i>DP 3/4, XB/XS</i>	Meadowlands Hasbrouck Heights, NJ
	Nov 14/15	<i>Gator Bowl</i> <i>DP 2-8, All Xcel</i>	Giant Sparta, NJ
	Nov 14/15	<u>Cornucopia Invitational</u> <i>DP 2-9 & XB/XS</i>	North Stars Boonton, NJ
	Nov 20-22	<u>Lemon Classic</u> <i>DP 2-10 & All Xcel</i>	Bright Stars @ Atlantic Field House Egg Harbor Twp, NJ

Year	Date	Level/Meet/Event	Host/Location
	Nov 20-22	<u>Rutgers Classic</u> <i>All DP & Xcel</i>	Rutgers University
	Nov 22	<u>Fun & Friendly Invitational</u> <i>DP 2/3 & XB/XS</i>	Rettig's Cedar Knolls, NJ
	Dec 4-6	<u>Crystal Springs Frozen Invitational</u> <i>DP 2-10 & All Xcel</i>	Westys @ Crystal Springs Minerals Resort Vernon Twp, NJ
	Dec 4-6	<u>Drop It Like It's Hot with Katelyn Ohashi</u>	LR Productions @ Iron Peak Sports & Events Hillsborough, NJ
	Dec 5/6	<u>Sugar Plum Spectacular</u> <i>DP 2-5 & XB/XS/XG</i>	Jersey All-Star Cinnaminson, NJ
	Dec 5-8	<u>Greater NY Invitational</u> <i>All DP & Xcel</i>	US Gym @ Rockland Community College Suffern, NY
	Dec 12/13	<u>Peace, Love & Chalk Invitational</u> <i>DP 2-6 & XB/XS</i>	Go for the Gold Whippany, NJ
	Dec 12/13	<u>Crystal Morgan Invitational</u> <i>All DP & Xcel</i>	Action Freehold, NJ
2027	Jan 8-10	<u>Liv Like a Unicorn Invitational</u> <i>All DP & Xcel</i>	Freehold Elite @ St Thomas Aquinas HS Edison, NJ
	Jan 8-10	<u>Garden State Classic</u> <i>All DP & Xcel</i>	North Stars Boonton, NJ
	Jan 8-10	<u>Winter Bowl Invitational</u> <i>All DP & Xcel</i>	Atlantic Coast Williamstown, NJ
	Jan 22-24	<u>Fantasia Classic</u> <i>DP 2-6 & XB/XS/XG</i>	Arena Hamilton, NJ

Year	Date	Level/Meet/Event	Host/Location
	Jan 22-24	<u>Once Upon a Time Invitational</u> <i>All DP & Xcel</i>	Brant Luska @ St Thomas Aquinas HS Edison, NJ
	Jan 22-24	<u>Scarlet Knight Invitational</u> <i>All DP & Xcel</i>	Rutgers University Piscataway, NJ
	Jan 28	<u>Icicle Invitational</u> <i>All DP & Xcel</i>	Northern Elite Flanders, NJ
	Jan 29-31	<u>Spartan Winter Classic</u> <i>all DP & Xcel</i>	Spartan Eatontown, NJ
	Jan 30/31	<i>Bring the Action Invitational</i> <i>All DP & Xcel</i>	Action Freehold, NJ
	Jan 31	<u>Flippin' in a Winter Wonderland</u> <u>Invitational</u> <i>XB/XS/XG</i>	Flippin' Out Pompton Plains, NJ
	Feb 5-7	<u>NJ Team Championships</u> <i>All DP & Xcel</i>	USAG & NAWGJ @ Spartan Eatontown, NJ
	Feb 5-7	<u>Candyland Classic</u> <i>DP 2-10 & All Xcel</i>	Westys @ Kartrite Resort Montecello, NY
	Feb 5-7	<u>Charity Invitational</u> <i>DP 2-10 & XB-XSap</i>	Head Over Heels Parlin, NJ
	Feb 12-14	<u>Make a Wish Invitational</u> <i>All DP & Xcel</i>	Freehold Elite @ RWJ Barnabas Arena Toms River, NJ
	Feb 19-21	<i>Xcel Bronze State Championships</i>	Blakes @ Atlantic Christian School
	Feb 26-28	<u>March will be Madness Invitational</u> <i>DP 2-10 & Open and All Xcel</i>	North Stars Boonton, NJ
	Feb 26-28	<u>Fantasia Classic</u> <i>DP 7-10/Open & XP/XD/XSap</i>	Arena Hamilton, NJ

Year	Date	Level/Meet/Event	Host/Location
	Feb 22-28	<i>Xcel Silver State Championships</i>	Blakes @ Atlantic Christian School
	Feb 28	<u><i>NOC Rockstar Gymnastics Meet</i></u> <i>All DP & Xcel</i>	Northern Elite Flanders, NJ
	Mar 5-7	<i>2/3/4/5/6 State Championships</i>	Freehold Elite @ RWJ Barnabas Arena Toms River, NJ
	Mar 5-7	<u><i>Twilight Knight Invitational</i></u> <i>All DP & Xcel</i>	Rutgers University Piscataway, NJ
	Mar 12-14	<u><i>Crystal Springs Shamrock Showdown</i></u> <i>DP 2-10 & All Xcel</i>	Westys @ Crystal Springs Minerals Resort Vernon Twp, NJ
	Mar 12-14	<i>Gator Classic</i> <i>DP 2-8, All Xcel</i>	Giant Sparta, NJ
	Mar 12-14	<u><i>Beast of the East Invitational</i></u> <i>All DP & Xcel</i>	Freehold Elite @ RWJ Barnabas Arena Toms River, NJ
	Mar 13/14	<i>In My Gymnastics Era Invitational</i> <i>All DP & Xcel</i>	Action Freehold, NJ
	Mar 19-21	<i>7/8/9/10 State Championships</i>	Indigo
	Apr 2-4	<u><i>Tulip Invitational</i></u> <i>XG-XSap</i>	Head Over Heels Parlin, NJ
	Apr 2-4	<u><i>Swing into Spring Invitational</i></u> <i>XP/XD/XSap</i>	Monmouth Morganville, NJ
	Apr 8-11	<i>9/10 Regional Championships</i>	Ocean Tumblers @ Virginia Beach Sports Center Viginia Beach, VA

Year	Date	Level/Meet/Event	Host/Location
	Apr 10/11	<u><i>The Sunshine Invitational</i></u> <i>DP 2-8 & XB/XS/XG/XP</i>	Jersey All-Star Cinnaminson, NJ
	Apr 16-18	<u><i>Beach Classic</i></u> <i>All DP & All Xcel</i>	Flyers @ Wildwood Convention Center Wildwood, NJ
	Apr 16-18	<i>Xcel Platinum State Championships</i>	Star Bound
	Apr 16-18	<i>7/8 Regional Championships</i>	Excalibur @ Virginia Beach Sports Center Viginia Beach, VA
	Apr 23-25	<i>Xcel Diamond/Sapphire State Championships</i>	Star Bound
	Apr 30 - May 2	<i>Xcel Gold State Championships</i>	Spartan Eatontown, NJ
	May 6-9	<u><i>9 Eastern Championships</i></u>	Alachua County Sports and Events Center Gainesville, FL
	May 13-16	<i>10 National Championships</i>	Huntington Place Convention Center Detroit, MI
	May 20-23	<i>Xcel Regional Championships</i>	Centre Elite @ Nittany Valley Sports Centre State College, PA
	Jun 10-13	<u><i>National Xcelebration</i></u> <i>XP, XD, XSap</i>	TBA
	Oct 28 - Nov 6	<i>55th FIG Artistic Gymnastics World Championships</i>	Chengdu, CHN
2028	Apr 27-30	<i>9 Eastern Championships</i>	TBA
	May 4-7	<u><i>10 National Championships</i></u>	TBA

Year	Date	Level/Meet/Event	Host/Location
	Jun 16-19	<i><u>US Olympic Trials</u></i>	KFC Yum! Center Louisville, KY
	Jul 14-30	<i><u>Olympic Games</u></i>	Los Angeles, CA
2032	Jul 23 - 8 Aug	<i><u>Olympic Games</u></i>	Brisbane, Australia