



## Meets/Clinics/Events

Updated 4.20.2026

**Notes:** 1. Priority day for all State Championships is Sunday. If two days are required, Saturday & Sunday are priority days. Friday will only be used to meet USAG R&P requirements.  
2. Only USAG Sanctioned competitions are listed.

Year	Date	Level/Meet/Event	Host/Location
2026	Apr 5	<i>Last day to qualify for Xcel Gold</i>	
	Apr 9-12	<i>9/10 Regional Championships</i>	Region 7 & Ocean Tumblers @ Virginia Beach Sports Center Virginia Beach, VA
	Apr 10-12	<u><i>Soar at the Shore Invitational</i></u> <i>USAG 2-7 &amp; All Xcel</i>	Blakes Margate, NJ
	Apr 10-12	<u><i>Split Rock &amp; Roll Invitational</i></u> <i>USAG 2-10 &amp; All Xcel</i>	Westy's @ Split Rock Water Park Lake Harmony, PA
	Apr 10-12	<u><i>Swing into Spring Invitational</i></u> <i>USAG 6 &amp; All Xcel</i>	Monmouth Morganville, NJ
	Apr 11/12	<i>MAGMA Invitational</i> <i>USAG 4-6 &amp; All Xcel</i>	MAGMA Bound Brook, NJ
	Apr 12	<i>Last day to qualify for 6/XP/XD/XSap</i>	
	Apr 17-19	<i>Xcel Silver State Championships</i>	Indigo New Providence, NJ
	Apr 17-19	<i>7/8 Regional Championships</i>	Region 7 & Dynamats @ The Miller Center Lewisburg, PA

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	Apr 17-19	<a href="#"><u><i>Flippin with Flamingos Invitational</i></u></a> <i>USAG 2-10 &amp; All Xcel</i>	Flyers @ Split Rock Water Park Lake Harmony, PA
	Apr 24-26	<i>Xcel Gold State Championships</i>	Giant Gymnastics Sparta, NJ
	Apr 30 - May 3	<i>9 Eastern Championships</i>	Savannah Convention Center Savannah, GA
	May 1-3	<i>XP/XD/XSA State Championships</i>	Star Bound Bridgeton, NJ
	May 7-10	<i>10 National Championships</i>	Oklahoma City Convention Center Oklahoma City, OK
	May 8/9	<i>6 State Championships</i>	Blake's Gymnastics Atlantic Christian School Egg Harbor Twp, NJ
	May 14-17	<i>Xcel Regional Championships</i>	Region 7 & Head Over Heels @ Raritan Center Edison, NJ
	May 22-24	<i>MDW Championships Invitational</i> <i>USAG 2-10 &amp; All Xcel</i>	Westy's @ Wildwood Convention Center Wildwood, NJ
	Jun 25/26	American Classic	TBA
	Jul 24-26	<a href="#"><u>Region 6/7 Congress</u></a>	Wind Creek Bethlehem Bethlehem, PA
	Jul 24-26	<a href="#"><u>Star Bound High Tech Performance Camp</u></a> USAG 6-10, Elite, Xcel G-Sap	Star Bound Bridgeton, NJ

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	Aug 4-10	US Championships	Mortgage Matchup Center Phoenix, AZ
	Aug 7-9	<a href="#">USAG National Congress</a>	Phoenix Convention Center Phoenix, AZ
	Jul 16-20	US Classic	TBA
	Oct 17-25	<i>54th FIG Artistic Gymnastics World Championships</i>	Rotterdam, NED
<b>2027</b>	May 6-9	<i>9 Eastern Championships</i>	TBA
	May 13-16	<i>10 National Championships</i>	TBA
	Oct 28 - Nov 6	<i>55th FIG Artistic Gymnastics World Championships</i>	Chengdu, CHN
<b>2028</b>	Apr 27-30	<i>9 Eastern Championships</i>	TBA
	May 4-7	<i>10 National Championships</i>	TBA
	Jul 14-30	<a href="#">Olympic Games</a>	Los Angeles, CA