

Meets/Clinics/Events

Updated 11.17.2025

Notes: 1. Priority day for all State Championships is Sunday. If two days are required, Saturday & Sunday are priority days. Friday will only be used to meet USAG R&P requirements.

2. Only USAG Sanctioned competitions are listed.

Year	Date	Level/Meet/Event	Host/Location
2025	Nov 14-16	Gator Bowl Invitational USAG 2-8 & All Xcel	Giant Gymnastics Sparta, NJ
	Nov 15/15	Harvest Classic Invitational USAG 2-7 & XB, XS, XG, XP	EnVision Eastampton, NJ
	Nov 21-23	Lemon Classic USAG 2-10 & All Xcel	Bright Stars Egg Harbor, NJ
	Nov 21-23	Rutgers Classic USAG 2-8 & All Xcel	Rutgers University Piscataway, NJ
	Nov 22/23	Peace, Love & Chalk Invitational USAG 2-5, XB, XS	Go for the Gold Whippany, NJ
	Dec 6/7	Greater NY Invitational USAG 1-10 & XB-XSap	US Gym @ Rockland Community College Suffern, NY
	Dec 6/7	Winterfest Invitational USAG 2-4 & XB, XS, XG	Gymnastics Inc Kenvil, NJ
	Dec 7	Fun and Friendly Invitational USAG DP2 & XB-XS	Rettig's Cedar Knolls, NJ
	Dec 12-14	Crystal Springs Frozen Invitational USAG 2-10 & All Xcel	Westy's @ Crystal Springs Mineral Resort Vernon Twp, NJ
	Dec 12-14	Snowflake Invitational USAG 2-10 & All Xcel	Will-Moor Mt Laurel, NJ

Year	Date	Level/Meet/Event	Host/Location
	Dec 19-21	Starlight Classic Invitational USAG All DP & Xcel	Star Bound @ Kalahari Resort Pocono Manor, PA
	Dec 19-21	Robin Cone Memorial Classic USAG All DP & Xcel	Raritan Center Expo Hall Edison, NJ
	Dec 28	Winter Athlete Clinic USAG 2-10 & All Xcel	NJ NAWGJ @ Spartan Eatontown, NJ
2026	Jan 2-4	Garden State Classic USAG 2-10 & All Xcel	North Stars Boonton, NJ
	Jan 11	In My Gymnastics Era Meet USAG 2-10 & All Xcel	Action Freehold, NJ
	Jan 9-11	Live Like a Unicorn Invitational USAG 2-10 & All Xcel	Freehold Elite Edison, NJ
	Jan 9-11	Winter Bowl 2026 Invitational USAG 2-10 & All Xcel	Atlantic Coast Williamstown, NJ
	Jan 16-18	Star Struck Invitational USAG All DP & Xcel	Star Bound @Atlantic City Convention Center Atlantic City, NJ
	Jan 23-25	Once Upon a Time Invitational USAG 2-10 & All Xcel	St Thomas Aquinas HS Edison, NJ
	Jan 27	Declaration Deadline for Xcel Bronze	
	Jan 30-Feb 1	Candyland Classic USAG 2-10 & All Xcel	Westy's @ Kartrite Resort & Indoor Water Park Monticello, NY
	Jan 30-Feb 1	Spartan Winter Classic USAG 2-10 & All Xcel	Spartan Eatontown, NJ
	Jan 30-Feb 1	Fantasia Classic 2026 USAG 2-5 & XB,XS,XG	Gymland Hamilton, NJ

	Date	Level/Meet/Event	Host/Location
Feb	6-8	Life's Rainbows & Unicorns Invitational USAG 2-10 & All Xcel	Westy's @ Kartrite Resort Indoor Water Park Monticello, NY
Feb	7/8	NJ Team Championships	Spartan Eatontown, NJ
Feb	8	Flippin Out Invitational USAG	Flippin Out Pompton Plains, NJ
Feb	10	Declaration Deadline for 7/8/9/10	
Feb	13-15	Rutgers Twilight Knight Invitational USAG 2-10 & All Xcel	Rutgers University Piscataway, NJ
Feb	13-16	Make a Wish Invitational USAG 2-10 & All Xcel	Freehold Elite Toms River, NJ
Feb	15	Last day to qualify for Xcel Bronze States	
Feb	17	Declaration Deadline for 2/3/4/5	
Feb	20-22	8th Annual Jamie Stymiest Invitational USAG 2-10 & All Xcel	Will-Moor Mt Laurel, NJ
Feb	21/22	HOH Charity Invitational USAG 2-10 & XB-XSap	HOH Parlin, NJ
Feb	27-Mar 1	March will be Madness Invitational USAG 2-10 & All Xcel	North Stars Boonton, NJ
Feb	27-Mar 1	Fantasia Classic 2026 USAG 6-10 & XP,XD,XSap	Gymland Hamilton, NJ
Ma	r 1	Bring the Action Invitational USAG 2-10 & All Xcel	Action Freehold, NJ
Ma	r 1	Last day to qualify for 7/8/9/10 States	
Ma	r 6-8	Xcel Bronze State Championships	Spartan Eatontown, NJ
Ma	r 8	Last day to qualify for 2/3/4/5 States	

ear	Date	Level/Meet/Event	Host/Location
	Mar 10	Declaration Deadline for Xcel Silver	
	Mar 13-15	Crystal Springs Shamrock Showdown USAG 2-10 & All Xcel	Westy's @ Crystal Springs Mineral Resort Vernon Twp, NJ
	Mar 13-15	Gator Classic USAG 2-8 & All Xcel	Giant Gymnastics Sparta, NJ
	Mar 13-16	Beast of the East Invitational USAG 2-10 & All Xcel	Freehold Elite Freehold, NJ
	Mar 14/15	Under the Stars Red Carpet Event Meet USAG 2-7 & XB, XS, XG, XP, XD	EnVision Eastampton, NJ
	Mar 14/15	Lucky Leprechaun Invitational USAG All DP & Xcel	Star Bound Bridgeton, NJ
	Mar 15	Flip for a Cure Invitational USAG 2-10 & All Xcel	Action Freehold, NJ
	Mar 17	Declaration Deadline for Xcel Gold	
	Mar 20-22	7/8/9/10 State Championships	Indigo New Providence, NJ
	Mar 21	Tumble in the Jungle USAG 2-7 & All Xcel	USA Twisterz @ Robert J Cody Arena West Orange, NJ
	Mar 21/22	Beach Classic USAG 2-10 & All Xcel	Westy's @ Wildwood Convention Center Wildwood, NJ
	Mar 24	Declaration Deadline for 6/XP/XD/XSap	
	Mar 27-29	2/3/4/5State Championships	Freehold Elite @ RWJ Barnabas Arena Toms River, NJ

Year	Date	Level/Meet/Event	Host/Location
	Mar 27-29	Spring Madness Invitational USAG 2-10 & All Xcel	Will-Moor Mt Laurel, NJ
	Mar 28/29	Tulip Invitational USAG 6 & XS-XSap	HOH Parlin, NJ
	Mar 28/29	Egg Stravaganza Invitational USAG 6 & XS, XG, XP, XD	EnVision Eastampton, NJ
	Mar 29	Last day to qualify for Xcel Silver	
	Apr 5	Last day to qualify for Xcel Gold	
	Apr 9-12	9/10 Regional Championships	Region 7 & Ocean Tumblers @ Virginia Beach Sports Center Virginia Beach, VA
	Apr 10-12	Soar at the Shore Invitaitional USAG 2-7 & All Xcel	Blakes Margate, NJ
	Apr 10-12	Split Rock & Roll Invitational USAG 2-10 & All Xcel	Westy's @ Split Rock Water Park Lake Harmony, PA
	Apr 10-12	Swing into Spring Invitational USAG 6 & All Xcel	Monmouth Morganville, NJ
	Apr 12	Last day to qualify for 6/XP/XD/XSap	
	Apr 17-19	Xcel Silver State Championships	Indigo New Providence, NJ
	Apr 17-19	7/8 Regional Championships	Region 7 & Dynamats @ The Miller Center Lewisburg, PA
	Apr 17-19	Flippin with Flamingos Invitational USAG 2-10 & All Xcel	Flyers @ Split Rock Water Park Lake Harmony, PA

Year	Date	Level/Meet/Event	Host/Location
	Apr 24-26	Xcel Gold State Championships	Giant Gymnastics Sparta, NJ
	Apr 30 - May 3	9 Eastern Championships	Savanah Convention Center Savanah, GA
	May 1-3	6/XP/XD/XSap State Championships	Star Bound Bridgeton, NJ
	May 7-10	10 National Championships	Oklahoma City Convention Center Oklahoma City, OK
	May 14-17	Xcel Regional Championships	Region 7 & Head Over Heels @ Raritan Center Edison, NJ
	May 22-24	MDW Championships Invitational USAG 2-10 & All Xcel	Westy's @ Wildwood Convention Center Wildwood, NJ
	Jun 25/26	American Classic	ТВА
	Jul 24-26	Region 6/7 Congress	Wind Creek Bethlehem Bethlehem, PA
	Aug 4-10	US Championships	Mortgage Matchup Center Phoenix, AZ
	Aug 7-9	USAG National Congress	Phoenix Convention Center Phoenix, AZ
	Jul 16-20	US Classic	TBA
	Oct 17-25	54th FIG Artistic Gymnastics World Championships	Rotterdam, NED
2027	May 6-9	9 Eastern Championships	TBA

Year	Date	Level/Meet/Event	Host/Location
	May 13-16	10 National Championships	TBA
	Oct 28 - Nov 6	55th FIG Artistic Gymnastics World Championships	Chengdu, CHN
2028	Apr 27-30	9 Eastern Championships	TBA
	May 4-7	10 National Championships	TBA
	Jul 14-30	Olympic Games	Los Angeles, CA