



Meets/Clinics/Events

Updated 10.8.2025

Notes: 1. Priority day for all State Championships is Sunday. If two days are required, Saturday & Sunday are priority days. Friday will only be used to meet USAG R&P requirements.
2. Only USAG Sanctioned competitions are listed.

Year	Date	Level/Meet/Event	Host/Location
2025	Sep 12-14	<u>Region 7 High Performance Camp</u>	Apollo Gym Woodbridge, VA
	Sep 20/21	<u>USAGNJ State Clinic</u>	St Thomas Aquinas HS Edison, NJ
	Oct 19-25	<i>53rd FIG Artistic Gymnastics World Championships</i>	Jakarta, INA
	Oct 24-26	<u>Pumpkin Cup Invitational</u> <i>USAG 2-5, XB, XS</i>	St Thomas Aquinas HS Edison, NJ
	Nov 2	<u>The Harvest Hustle Invitational</u> <i>USAG XB & XS</i>	Meadowlands Hasbrouck Heights, NJ
	Nov 7-9	<i>Plum Cares Invitational</i> <i>USAG 2-5, XB, XS</i>	St Thomas Aquinas HS Edison, NJ
	Nov 8 or 9	<u>Cornucopia Invitational</u> <i>USAG 2-5, XB, XS</i>	North Stars Boonton, NJ
	Nov 14-16	<u>Gator Bowl Invitational</u> <i>USAG 2-8 & All Xcel</i>	Giant Gymnastics Sparta, NJ
	Nov 15/15	<u>Harvest Classic Invitational</u> <i>USAG 2-7 & XB, XS, XG, XP</i>	EnVision Eastampton, NJ
	Nov 21-23	<u>Lemon Classic</u> <i>USAG 2-10 & All Xcel</i>	Bright Stars Egg Harbor, NJ

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	Nov 21-23	<u><i>Rutgers Classic</i></u> <i>USAG 2-8 & All Xcel</i>	Rutgers University Piscataway, NJ
	Nov 22/23	<u><i>Peace, Love & Chalk Invitational</i></u> <i>USAG 2-5, XB, XS</i>	Go for the Gold Whippany, NJ
	Dec 6/7	<u><i>Greater NY Invitational</i></u> <i>USAG 1-10 & XB-XSap</i>	US Gym @ Rockland Community College Suffern, NY
	Dec 6/7	<i>Winterfest Invitational</i> <i>USAG 2-4 & XB, XS, XG</i>	Gymnastics Inc Kenvil, NJ
	Dec 12-14	<u><i>Crystal Springs Frozen Invitational</i></u> <i>USAG 2-10 & All Xcel</i>	Westy's @ Crystal Springs Mineral Resort Vernon Twp, NJ
	Dec 12-14	<u><i>Snowflake Invitational</i></u> <i>USAG 2-10 & All Xcel</i>	Will-Moor Mt Laurel, NJ
	Dec 19-21	<i>Starlight Classic Invitational</i> <i>USAG All DP & Xcel</i>	Star Bound @ Kalahari Resort Pocono Manor, PA
	Dec 19-21	<u><i>Robin Cone Memorial Classic</i></u> <i>USAG All DP & Xcel</i>	Raritan Center Expo Hall Edison, NJ
	Dec 28	<u><i>Winter Athlete Clinic</i></u> <i>USAG 2-10 & All Xcel</i>	NJ NAWGJ @ Spartan Eatontown, NJ
2026	Jan 2-4	<u><i>Garden State Classic</i></u> <i>USAG 2-10 & All Xcel</i>	North Stars Boonton, NJ
	Jan 11	<u><i>In My Gymnastics Era Meet</i></u> <i>USAG 2-10 & All Xcel</i>	Action Freehold, NJ
	Jan 9-11	<u><i>Live Like a Unicorn Invitational</i></u> <i>USAG 2-10 & All Xcel</i>	Freehold Elite Edison, NJ
	Jan 9-11	<u><i>Winter Bowl 2026 Invitational</i></u> <i>USAG 2-10 & All Xcel</i>	Atlantic Coast Williamstown, NJ

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	Jan 16-18	<i>Star Struck Invitational USAG All DP & Xcel</i>	Star Bound @Atlantic City Convention Center Atlantic City, NJ
	Jan 23-25	<i>Once Upon a Time Invitational USAG 2-10 & All Xcel</i>	St Thomas Aquinas HS Edison, NJ
	Jan 27	<i>Declaration Deadline for Xcel Bronze</i>	
	Jan 30-Feb 1	<u>Candyland Classic</u> <i>USAG 2-10 & All Xcel</i>	Westy's @ Kartrite Resort & Indoor Water Park Monticello, NY
	Jan 30-Feb 1	<u>Spartan Winter Classic</u> <i>USAG 2-10 & All Xcel</i>	Spartan Eatontown, NJ
	Jan 30-Feb 1	<u>Fantasia Classic 2026</u> <i>USAG 2-5 & XB,XS,XG</i>	Gymland Hamilton, NJ
	Feb 6-8	<u>Life's Rainbows & Unicorns Invitational</u> <i>USAG 2-10 & All Xcel</i>	Westy's @ Crystal Springs Mineral Resort Vernon Twp, NJ
	Feb 7/8	<u>NJ Team Championships</u>	Spartan Eatontown, NJ
	Feb 8	<i>Flippin Out Invitational USAG</i>	Flippin Out Pompton Plains, NJ
	Feb 10	<i>Declaration Deadline for 7/8/9/10</i>	
	Feb 13-16	<u>Make a Wish Invitational</u> <i>USAG 2-10 & All Xcel</i>	Freehold Elite Toms River, NJ
	Feb 15	<i>Last day to qualify for Xcel Bronze States</i>	
	Feb 17	<i>Declaration Deadline for 2/3/4/5</i>	
	Feb 20-22	<u>8th Annual Jamie Stymiest Invitational</u> <i>USAG 2-10 & All Xcel</i>	Will-Moor Mt Laurel, NJ

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	Feb 21/22	<u>HOH Charity Invitational</u> <i>USAG 2-10 & XB-XSap</i>	HOH Parlin, NJ
	Feb 27-Mar 1	<u>March will be Madness Invitational</u> <i>USAG 2-10 & All Xcel</i>	North Stars Boonton, NJ
	Feb 27-Mar 1	<u>Fantasia Classic 2026</u> <i>USAG 6-10 & XP,XD,XSap</i>	Gymland Hamilton, NJ
	Mar 1	<u>Bring the Action Invitational</u> <i>USAG 2-10 & All Xcel</i>	Action Freehold, NJ
	Mar 1	<i>Last day to qualify for 7/8/9/10 States</i>	
	Mar 6-8	<i>Xcel Bronze State Championships</i>	Spartan Eatontown, NJ
	Mar 8	<i>Last day to qualify for 2/3/4/5 States</i>	
	Mar 10	<i>Declaration Deadline for Xcel Silver</i>	
	Mar 13-15	<u>Crystal Springs Shamrock Showdown</u> <i>USAG 2-10 & All Xcel</i>	Westy's @ Crystal Springs Mineral Resort Vernon Twp, NJ
	Mar 13-15	<u>Gator Classic</u> <i>USAG 2-8 & All Xcel</i>	Giant Gymnastics Sparta, NJ
	Mar 13-16	<u>Beast of the East Invitational</u> <i>USAG 2-10 & All Xcel</i>	Freehold Elite Freehold, NJ
	Mar 14/15	<u>Under the Stars Red Carpet Event Meet</u> <i>USAG 2-7 & XB, XS, XG, XP, XD</i>	EnVision Eastampton, NJ
	Mar 14/15	<i>Lucky Leprechaun Invitational</i> <i>USAG All DP & Xcel</i>	Star Bound Bridgeton, NJ
	Mar 15	<i>Flip for a Cure Invitational</i> <i>USAG 2-10 & All Xcel</i>	Action Freehold, NJ
	Mar 17	<i>Declaration Deadline for Xcel Gold</i>	
	Mar 20-22	<i>7/8/9/10 State Championships</i>	Indigo New Providence, NJ

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	Mar 21	<i>Tumble in the Jungle USAG 2-7 & All Xcel</i>	USA Twisterz @ Robert J Cody Arena West Orange, NJ
	Mar 21/22	<i><u>Beach Classic</u> USAG 2-10 & All Xcel</i>	Westy's @ Wildwood Convention Center Wildwood, NJ
	Mar 24	<i>Declaration Deadline for 6/XP/XD/XSap</i>	
	Mar 27-29	<i>2/3/4/5State Championships</i>	Freehold Elite @ RWJ Barnabas Arena Toms River, NJ
	Mar 27-29	<i><u>Spring Madness Invitational</u> USAG 2-10 & All Xcel</i>	Will-Moor Mt Laurel, NJ
	Mar 28/29	<i><u>Tulip Invitational</u> USAG 6 & XS-XSap</i>	HOH Parlin, NJ
	Mar 28/29	<i><u>Egg Stravaganza Invitational</u> USAG 6 & XS, XG, XP, XD</i>	EnVision Eastampton, NJ
	Mar 29	<i>Last day to qualify for Xcel Silver</i>	
	Apr 5	<i>Last day to qualify for Xcel Gold</i>	
	Apr 9-12	<i>9/10 Regional Championships</i>	Region 7 & Ocean Tumblers @ Virginia Beach Sports Center Virginia Beach, VA
	Apr 10-12	<i><u>Soar at the Shore Invitational</u> USAG 2-7 & All Xcel</i>	Blakes Margate, NJ
	Apr 10-12	<i><u>Split Rock & Roll Invitational</u> USAG 2-10 & All Xcel</i>	Westy's @ Split Rock Water Park Lake Harmony, PA

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	Apr 10-12	<u>Swing into Spring Invitational</u> <i>USAG 6 & All Xcel</i>	Monmouth Morganville, NJ
	Apr 12	<i>Last day to qualify for 6/XP/XD/XSap</i>	
	Apr 17-19	<i>Xcel Silver State Championships</i>	Indigo New Providence, NJ
	Apr 17-19	<i>7/8 Regional Championships</i>	Region 7 & Dynamats @ The Miller Center Lewisburg, PA
	Apr 17-19	<u>Flippin with Flamingos Invitational</u> <i>USAG 2-10 & All Xcel</i>	Flyers @ Split Rock Water Park Lake Harmony, PA
	Apr 24-26	<i>Xcel Gold State Championships</i>	Giant Gymnastics Sparta, NJ
	Apr 30 - May 3	<i>9 Eastern Championships</i>	Savanah Convention Center Savanah, GA
	May 1-3	<i>6/XP/XD/XSap State Championships</i>	Star Bound Bridgeton, NJ
	May 7-10	<i>10 National Championships</i>	Oklahoma City Convention Center Oklahoma City, OK
	May 14-17	<i>Xcel Regional Championships</i>	Region 7 & Head Over Heels @ Raritan Center Edison, NJ
	May 22-24	<i>MDW Championships Invitational</i> <i>USAG 2-10 & All Xcel</i>	Westy's @ Wildwood Convention Center Wildwood, NJ
	Oct 17-25	<i>54th FIG Artistic Gymnastics</i> <i>World Championships</i>	Rotterdam, NED

Year	Date	Level/Meet/Event	Host/Location
	TBA in 2026	<u><i>Region 7 Bi-Annual Xcel PreSeason Training Camp</i></u>	TBA
2027	Oct 28 - Nov 6	<i>55th FIG Artistic Gymnastics World Championships</i>	Chengdu, CHN
2028	Jul 14-30	<u><i>Olympic Games</i></u>	Los Angeles, CA