



## Meets/Clinics/Events

Updated 9.10.2025

**Notes:** 1. Priority day for all State Championships is Sunday. If two days are required, Saturday & Sunday are priority days. Friday will only be used to meet USAG R&P requirements.

| Year | Date       | Level/Meet/Event  | Host/Location                           |
|------|------------|---|---|
| 2025 | Sep 12-14  | <a href="#"><u>Region 7 High Performance Camp</u></a>                             | Apollo Gym<br>Woodbridge, VA            |
|      | Sep 20/21  | <a href="#"><u>USAGNJ State Clinic</u></a>  | St Thomas Aquinas<br>HS<br>Edison, NJ   |
|      | Oct 19-25  | <i>53rd FIG Artistic Gymnastics<br/>World Championships</i>                       | Jakarta, INA                            |
|      | Oct 24-26  | <a href="#"><u>Pumpkin Cup Invitational</u></a><br><i>USAG 2-5, XB, XS</i>        | St Thomas Aquinas<br>HS<br>Edison, NJ   |
|      | Nov 2      | <a href="#"><u>The Harvest Hustle Invitational</u></a><br><i>USAG XB &amp; XS</i> | Meadowlands<br>Hasbrouck Heights,<br>NJ |
|      | Nov 7-9    | <i>Plum Cares Invitational</i><br><i>USAG 2-5, XB, XS</i>                         | St Thomas Aquinas<br>HS<br>Edison, NJ   |
|      | Nov 8 or 9 | <a href="#"><u>Cornucopia Invitational</u></a><br><i>USAG 2-5, XB, XS</i>         | North Stars<br>Boonton, NJ              |
|      | Nov 14-16  | <a href="#"><u>Gator Bowl Invitational</u></a><br><i>USAG 2-8 &amp; All Xcel</i>  | Giant Gymnastics<br>Sparta, NJ          |
|      | Nov 15/15  | <i>Harvest Festival Invitational</i><br><i>USAG 2-7 &amp; XB, XS, XG, XP</i>      | EnVision<br>Eastampton, NJ              |
|      | Nov 21-23  | <a href="#"><u>Lemon Classic</u></a><br><i>USAG 2-10 &amp; All Xcel</i>           | Bright Stars<br>Egg Harbor, NJ          |

| Year | Date      | Level/Meet/Event  | Host/Location  |
|------|-----------|---|--|
|      | Nov 21-23 | <u><a href="#">Rutgers Classic</a></u><br><i>USAG 2-8 &amp; All Xcel, JOGA</i>  | Rutgers University<br>Piscataway, NJ                             |
|      | Nov 22/23 | <u><a href="#">Peace, Love &amp; Chalk Invitational</a></u><br><i>USAG 2-5, XB, XS</i>                                    | Go for the Gold<br>Whippany, NJ                                  |
|      | Dec 6/7   | <u><a href="#">Greater NY Invitational</a></u><br><i>USAG 1-10 &amp; XB-XSap, USAIGC</i>                                  | US Gym @<br>Rockland<br>Community College<br>Suffern, NY         |
|      | Dec 6/7   | <i>Winterfest Invitational</i><br><i>USAG 2-4 &amp; XB, XS, XG</i>  | Gymnastics Inc<br>Kenvil, NJ                                     |
|      | Dec 12-14 | <u><a href="#">Crystal Springs Frozen Invitational</a></u><br><i>USAG, USAIGC, NGA, GAP, IGL</i>                          | Westy's @<br>Crystal Springs<br>Mineral Resort<br>Vernon Twp, NJ |
|      | Dec 12-14 | <u><a href="#">Snowflake Invitational</a></u><br><i>USAG 2-10 &amp; All Xcel</i>  | Will-Moor<br>Mt Laurel, NJ                                       |
| 2026 | Jan 2-4   | <u><a href="#">Garden State Classic</a></u><br><i>USAG 2-10 &amp; All Xcel</i>  | North Stars<br>Boonton, NJ                                       |
|      | Jan 10/11 | <u><a href="#">Snowflake Festival</a></u><br><i>NGA, GAP, USAIGC</i>  | Flyers<br>Hammonton, NJ  |
|      | Jan 11    | <u><a href="#">In My Gymnastics Era Meet</a></u><br><i>USAG 2-10 &amp; All Xcel</i>                                       | Action<br>Freehold, NJ   |
|      | Jan 9-11  | <u><a href="#">Live Like a Unicorn Invitational</a></u><br><i>All Levels</i>  | Freehold Elite<br>Edison, NJ                                     |
|      | Jan 9-11  | <u><a href="#">Winter Bowl 2026 Invitational</a></u><br><i>USAG 2-10 &amp; All Xcel,</i><br><i>USAIGC Copper 1 - Gold</i> | Atlantic Coast<br>Williamstown, NJ                               |
|      | Jan 23-25 | <i>Once Upon a Time Invitational</i><br><i>USAG 2-10, &amp; All Xcel, USAIGC</i>  | St Thomas Aquinas<br>HS<br>Edison, NJ                            |
|      | Jan 27    | <i>Declaration Deadline for Xcel Bronze</i>   |  |

| Year | Date         | Level/Meet/Event   | Host/Location   |
|------|--------------|--|---|
|      | Jan 30-Feb 1 | <a href="#"><u>Candyland Classic</u></a><br><i>USAG, USAIGC, NGA, GAP, IGL</i>                           | Westy's @<br>Kartrite Resort &<br>Indoor Water Park<br>Monticello, NY |
|      | Jan 30-Feb 1 | <a href="#"><u>Spartan Winter Classic</u></a><br><i>USAG 2-10 &amp; All Xcel</i>                         | Spartan<br>Eatontown, NJ  |
|      | Jan 30-Feb 1 | <a href="#"><u>Fantasia Classic 2026</u></a><br><i>USAG 2-5 &amp; XB,XS,XG, JOGA 1-4</i>                 | Gymland<br>Hamilton, NJ   |
|      | Feb 6-8      | <a href="#"><u>Life's Rainbows &amp; Unicorns Invitational</u></a><br><i>USAG, USAIGC, NGA, GAP, IGL</i> | Westy's @<br>Crystal Springs<br>Mineral Resort<br>Vernon Twp, NJ      |
|      | Feb 7/8      | <a href="#"><u>NJ Team Championships</u></a>   | Spartan<br>Eatontown, NJ  |
|      | Feb 10       | <i>Declaration Deadline for 7/8/9/10</i>   |   |
|      | Feb 13-16    | <a href="#"><u>Make a Wish Invitational</u></a><br><i>All Levels</i>                                     | Freehold Elite<br>Toms River, NJ                                      |
|      | Feb 15       | <i>Last day to qualify for Xcel Bronze States</i>  |   |
|      | Feb 17       | <i>Declaration Deadline for 2/3/4/5</i>  |   |
|      | Feb 20-22    | <a href="#"><u>8th Annual Jamie Stymiest Invitational</u></a><br><i>USAG 2-10 &amp; All Xcel</i>         | Will-Moor<br>Mt Laurel, NJ  |
|      | Feb 21/22    | <a href="#"><u>HOH Charity Invitational</u></a><br><i>USAG 2-10 &amp; XB-XSap</i>                        | HOH<br>Parlin, NJ   |
|      | Feb 27-Mar 1 | <a href="#"><u>March will be Madness Invitational</u></a><br><i>USAG 2-10 &amp; All Xcel</i>             | North Stars<br>Boonton, NJ  |
|      | Feb 27-Mar 1 | <a href="#"><u>Fantasia Classic 2026</u></a><br><i>USAG 6-10 &amp; XP,XD,XSap</i>                        | Gymland<br>Hamilton, NJ   |
|      | Mar 1        | <a href="#"><u>Bring the Action Invitational</u></a><br><i>USAG 2-10 &amp; All Xcel</i>                  | Action<br>Freehold, NJ  |
|      | Mar 1        | <i>Last day to qualify for 7/8/9/10 States</i>   |   |

| Year | Date      | Level/Meet/Event  | Host/Location  |
|------|-----------|---|--|
|      | Mar 6-8   | <i>Xcel Bronze State Championships</i>  | Spartan<br>Eatontown, NJ   |
|      | Mar 7/8   | <u><i>Flyers St Patrick's Day Festival</i></u><br><i>NGA, GAP, USAIGC</i>             | Flyers<br>Hammonton, NJ  |
|      | Mar 8     | <i>Last day to qualify for 2/3/4/5 States</i>   |  |
|      | Mar 10    | <i>Declaration Deadline for Xcel Silver</i>   |  |
|      | Mar 13-15 | <u><i>Crystal Springs Shamrock Showdown</i></u><br><i>USAG, USAIGC, NGA, GAP, IGL</i> | Westy's @<br>Crystal Springs<br>Mineral Resort<br>Vernon Twp, NJ |
|      | Mar 13-15 | <u><i>Gator Classic</i></u><br><i>USAG 2-8 &amp; All Xcel</i>                         | Giant Gymnastics<br>Sparta, NJ                                   |
|      | Mar 13-16 | <u><i>Beast of the East Invitational</i></u><br><i>All Levels</i>                     | Freehold Elite<br>Freehold, NJ                                   |
|      | Mar 14/15 | <i>Under the Stars Meet</i><br><i>USAG 2-7 &amp; XB, XS, XG, XP, XD</i>               | EnVision<br>Eastampton, NJ                                       |
|      | Mar 15    | <i>Flip for a Cure Invitational</i><br><i>USAG 2-10 &amp; All Xcel</i>                | Action<br>Freehold, NJ   |
|      | Mar 17    | <i>Declaration Deadline for Xcel Gold</i>   |  |
|      | Mar 20-22 | <i>7/8/9/10 State Championships</i>   | Indigo<br>New Providence, NJ                                     |
|      | Mar 21    | <i>Tumble in the Jungle</i><br><i>USAG 2-7 &amp; All Xcel</i>                         | USA Twisterz @<br>Robert J Cody Arena<br>West Orange, NJ         |
|      | Mar 21/22 | <u><i>Beach Classic</i></u><br><i>USAG, USAIGC, NGA</i>                               | Westy's @<br>Wildwood<br>Convention Center<br>Wildwood, NJ       |
|      | Mar 24    | <i>Declaration Deadline for 6/XP/XD/XSap</i>  |  |

| Year | Date      | Level/Meet/Event   | Host/Location   |
|------|-----------|--|---|
|      | Mar 27-29 | <i>2/3/4/5 State Championships</i>   | Freehold Elite @<br>RWJ Barnabas<br>Arena<br>Toms River, NJ                             |
|      | Mar 27-29 | <u><i>Spring Madness Invitational</i></u><br><i>USAG 2-10 &amp; All Xcel</i>           | Will-Moor<br>Mt Laurel, NJ  |
|      | Mar 28/29 | <u><i>Tulip Invitational</i></u><br><i>USAG 6 &amp; XS-XSap</i>                        | HOH<br>Parlin, NJ   |
|      | Mar 28/29 | <i>Egg Stravaganza Invitational</i><br><i>USAG 6 &amp; XS, XG, XP, XD and USAIGC</i>   | EnVision<br>Eastampton, NJ  |
|      | Mar 29    | <i>Last day to qualify for Xcel Silver</i>   |   |
|      | Apr 5     | <i>Last day to qualify for Xcel Gold</i>   |   |
|      | Apr 9-12  | <i>9/10 Regional Championships</i>   | Region 7 & Ocean<br>Tumblers @<br>Virginia Beach<br>Sports Center<br>Virginia Beach, VA |
|      | Apr 10-12 | <u><i>Soar at the Shore Invitational</i></u><br><i>USAG 2-7, USAIGC, Gems Platinum</i> | Blakes<br>Margate, NJ   |
|      | Apr 10-12 | <u><i>Split Rock &amp; Roll Invitational</i></u><br><i>USAG, USAIGC, NGA</i>           | Westy's @<br>Split Rock Water<br>Park<br>Lake Harmony, PA                               |
|      | Apr 10-12 | <u><i>Swing into Spring Invitational</i></u><br><i>USAG 6 &amp; All Xcel, JOGA 7/8</i> | Monmouth<br>Morganville, NJ   |
|      | Apr 12    | <i>Last day to qualify for 6/XP/XD/XSap</i>  |   |
|      | Apr 17-19 | <i>Xcel Silver State Championships</i>   | Indigo<br>New Providence, NJ  |
|      | Apr 17-19 | <i>7/8 Regional Championships</i>  | Region 7 &<br>Dynamats @<br>The Miller Center<br>Lewisburg, PA                          |

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|             | Apr 17-19         | <a href="#"><u><i>Flippin with Flamingos Invitational</i></u></a><br><i>USAG, USAIGC, NGA, GAP, IGL</i>        | Flyers @<br>Split Rock Water<br>Park<br>Lake Harmony, PA        |
|             | Apr 24-26         | <i>Xcel Gold State Championships</i>   | Giant Gymnastics<br>Sparta, NJ                                  |
|             | Apr 30 -<br>May 3 | <i>9 Eastern Championships</i>   | Savanah Convention<br>Center<br>Savanah, GA                     |
|             | May 1-3           | <i>6/XP/XD/XSap State Championships</i>  | Star Bound<br>Bridgeton, NJ                                     |
|             | May 7-10          | <i>10 National Championships</i>   | Oklahoma City<br>Convention Center<br>Oklahoma City, OK         |
|             | May 14-17         | <i>Xcel Regional Championships</i>   | Region 7 & Head<br>Over Heels @<br>Raritan Center<br>Edison, NJ |
|             | May 22-24         | <i>MDW Championships Invitational</i><br><i>USAG, USAIGC, NGA</i>  | Westy's @<br>Wildwood<br>Convention Center<br>Wildwood, NJ      |
|             | Oct 17-25         | <i>54th FIG Artistic Gymnastics</i><br><i>World Championships</i>  | Rotterdam, NED  |
|             | TBA in 2026       | <a href="#"><u><i>Region 7 Bi-Annual</i></u></a><br><a href="#"><u><i>Xcel PreSeason Training Camp</i></u></a> | TBA   |
| <b>2027</b> | Oct 28 -<br>Nov 6 | <i>55th FIG Artistic Gymnastics</i><br><i>World Championships</i>  | Chengdu, CHN  |
| <b>2028</b> | Jul 14-30         | <a href="#"><u><i>Olympic Games</i></u></a>  | Los Angeles, CA   |