



Meets/Clinics/Events

Updated 4.23.2024

Notes: 1. Priority day for all State Championships is Sunday. If two days are required, Saturday & Sunday are priority days. Friday will only be used to meet USAG R&P requirements.

Year	Date	Level/Meet/Event	Host/Location
2024	May 2-5	9 Eastern Championships	Myrtle Beach Sports Center Myrtle Beach, SC
	May 3-5	USAG XP/XD/XSap State Championships	Star Bound Bridgeton, NJ
	May 9-12	10 National Championships	Volusia County Ocean Center Daytona Beach, FL
	May 16-19	<u>USAG Xcel Regional Championships</u> <u>USAG XG, XP, XD & XSap</u>	Reg 7 & Dynamats Gym The Miller Center Lewisburg, PA
	May 25/26	Wildwood Championship Invitational All USAG, Xcel & USAIGC	Westys at Wildwood Convention Center Wildwood, NJ
	June 22-26	<u>USA Gymnastics Championships</u>	Minneapolis Convention Center Minneapolis, MN
	June 27-30	<u>U.S. Olympic Trials</u>	Target Center Minneapolis, MN

Year	Date	Level/Meet/Event	Host/Location
	June 28-30	<u><i>USAG National Congress & Trade Show</i></u>	Minneapolis Convention Center Minneapolis, MN
	July 12-14	<u><i>Region 7 Congress</i></u>	Hilton Harrisburg Harrisburg, PA
	July 27 - August 5	<u><i>Olympics</i></u> <i>Artistic Gymnastics</i>	Paris, France
2025	May 1-4	<i>9 Eastern Championships</i>	TBA
	May 8-11	<i>10 National Championships</i>	TBA
2026	Apr 30 - May 3	<i>9 Eastern Championships</i>	TBA
	May 7-10	<i>10 National Championships</i>	TBA