

Each Lecture is one Hour, and the Red Topics are for CPE Credits

Saturday, August 19, 2023

9-10 am: Dev and Xcel Update: Linda Thorberg

10-11 am: Compulsory Update and Practice Judging: Bonnie Synol

11-12 pm: Xcel Update and Practice Judging: Leslie McPeek and Kelly Gaston

12-1 pm: Mental Training for Judges and Coaches : Dr. Ally

**1-2 pm: Ask a judge (Panel Discussion): Bonnie Synol Linda Thorberg
Leslie McPeek Kelly Gaston Jeanne Devenney**

**2-2:30 pm: Running A Great Competition: Amy Middlekauff Host of
Starstruck Invitational**

2:30-3 pm: Starting a Successful Xcel Program: Jen Skorski

**3-3:30 pm: Business Management: Mary Milchanowski former owner
of Devlin Gymnastics**

**3:30-4 pm: Acro/Tumbling Overview and Meet the coaches: Brant Lutska
and 10 Coaches**

4-6 pm: Educational Awareness for Parents: Brant Lutska Jeanne Devenney

Sunday, August 20, 2023

**9:00 am: CPR & First Aid Certification- \$22.00 fee for certification
certificates Pre-registration with Jeanne Devenney required by August 1st.**

9-11:30 am: Pre-school Teacher instruction

12-2:30 pm: Recreational Teacher Instruction

CONGRESS REGISTRATION DEADLINE: AUGUST 10th

To register, e-mail Jeanne Devenney at jdevenney285@gmail.com. Bring your payment to the door checks made out to USAG-NJ.