



Meets/Clinics/Events

Updated 4.18.2023

Notes: 1. Priority day for all Sectionals & States is Sunday. If two days are required, Saturday & Sunday are priority days. Friday will only be used to meet USAG R&P requirements.

Year	Date	Level/Meet/Event	Host/ Location
	Mar 31-Apr 2	<u><i>Spring Madness Invitational Levels 2-10, All Xcel</i></u>	Will-Moor
	Apr 2	<u><i>8/9/10 Regional Clinic</i></u>	Epic Manasquan, NJ
	Apr 1/2	<i>Insta-Star Invitational 2-8, All Xcel</i>	EnVision
	Apr 2	<i>There's No Place Like Home Invitational USAG 2-5 & XB/XS/XG</i>	Athletic Arts
	Apr 14-16	<i>Shoot for the Stars Invitational 2-10, All Xcel</i>	Northern Elite
	Apr 13-16	<i>9/10 Regional Championships</i>	Reg 7 & Excalibur @ Virginia Beach Sports Center Virginia Beach, VA
	Apr 21-23	<i>8 Regional Championships</i>	Reg 7 & Sportsplex @ PG Sports & Learning Complex Landover, MD

Year	Date	Level/Meet/Event	Host/ Location
2023	Apr 21-23	<i>Westys Invitational USAG 2-10 & All Xcel USAIGC, NGA</i>	Westys Wildwood Convention Center Wildwood, NJ
	Apr 22/23	<i>6/Xcel Gold State Championships</i>	Giant/Sparta
	Apr 29/30	<i>7/Xcel Platinum/Xcel Diamond/Xcel Sapphire State Championships</i>	Star Bound
	Apr 29/30	<i>Life is Rainbows and Unicorns 2-5, All Xcel & USAIGC Copper-Premier</i>	Westys
	May 4-7	<i>9 Eastern National Championships</i>	Silver Spurs Arena Kissimmee, FL
	May 7	<i>The Floor Exercise Show-Off Invitational USAG 2-7 & XB/XS/XG/XPI</i>	Athletic Arts
	May 11-14	<i>10 National Championships & NIT</i>	Oklahoma City Convention Center Oklahoma City, OK
	May 25-28	<i>Westys Invitational USAG 2-10 & All Xcel USAIGC, NGA</i>	Westys Wildwood Convention Center Wildwood, NJ
	Jun 2-4	<i>Xcel Regional Championships</i>	Reg 7 & Centre Elite @ Nittany Vally Sports Center State College, PA

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	Jul 7-9	<i>Pre-Sean Prep Region 7 Camp 8-10</i>	World Class Gymnastics Newport News, VA
	Aug 4/5	<i>US Classic</i>	NOW Arena Hoffman Estates, IL
	Aug 24-27	<i>US Gymnastics Championships</i>	SAP Center San Jose, CA
	Sep 8-10	<i>Region 7 High Performance Training Camp 2023 L10 Dev National Qualifiers 2023 L9 Eastern National Competitors (if space available, based on AA ranking)</i>	Apollo Gymnastics Woodbridge VA