



Meets/Clinics/Events

Updated 1.10.2023

Notes: 1. Priority day for all Sectionals & States is Sunday. If two days are required, Saturday & Sunday are priority days. Friday will only be used to meet USAG R&P requirements.

Year	Date	Level/Meet/Event	Host/ Location
2023	Jan 6-8	<i>Garden State Classic Levels 2-10 & All Xcel, All USAIGC</i>	North Stars
	Jan 7/8	<i>Winter Bowl 2023 Invitational 2-10, All Xcel</i>	Atlantic Coast
	Jan 7/8	<i>Gymland/Arena Invitational 2-5, XB/XS</i>	Arena
	Jan 13-15	<i>26th Annual Star Struck Invitational 2-10, All Xcel, All JOGA, All USAIGC</i>	Star Bound @ Atlantic City Convention Center
	Jan 15	<i>Registration Due for All Gymnasts</i>	TBA
	Jan 21/22	<i>Flippin with Flamingos Invitational 2-5, All Xcel & USAIGC Copper-Premier</i>	Westys
	Jan 21/22	<i>Charity Invitational 2-10, All Xcel</i>	Head Over Heels
	Jan 21/22	<i>Rutgers Color Games 2-10, Xcel, JOGA</i>	Rutgers University
	Jan 22	<i>Levels 2/3 Declaration Deadline</i>	TBA
	Jan 28/29	<i>Icicle Invitational Levels 2-10, All Xcel</i>	Northern Elite
	Jan 29	<i>Levels 4/XB Declaration Deadline</i>	TBA
	Jan 29	<i>Pink Dragon Invitational USAG 2-5 & XB/XS/XG</i>	Athletic Arts

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	Jan 29	<i>Action State Prep Meet & Critique 2-5, All Xcel</i>	Action Freehold, NJ
	Feb 4/5	<u><i>February Flips Invitational Levels 2-10, All Xcel</i></u>	Will-Moor
	Feb 4/5	<u><i>Scarlet Knight Invitational 2-10, All Xcel, JOGA</i></u>	Rutgers University
	Feb 4/5	<i>Rock & Roll Classic 2-4, All Xcel, All USAIGC</i>	Bright Stars
	Feb 11/12	<i>2/3 State Championships</i>	EnVision
	Feb 14	<i>Levels 8/9/10/IES Declaration Deadline</i>	TBA
	Feb 18/19	<u><i>Cupid Classic Invitational 2-10, All Xcel, All USAIGC</i></u>	Star Bound
	Feb 19	<i>Levels 5/XS Declaration Deadline</i>	TBA
	Feb 24	Nastia Liukin Cup	Freedom Hall Louisville, KY
	Feb 25/26	<i>4/Xcel Bronze State Championships</i>	Action
	Mar 3/4	<i>Rockstar Invitational 2-10, All Xcel</i>	Northern Elite
	Mar 3-5	<u><i>Candyland Classic 2-5, All Xcel & USAIGC Copper - Diamond</i></u>	Westys @ Kartrite Resort & Indoor Waterpark, Monticello, NY
	Mar 3-5	<u><i>6th Annual Jamie Stymiest Invitational Levels 2-10, All Xcel</i></u>	Will-Moor
	Mar 3-5	<i>Super Team Invitational 2-10, All Xcel</i>	EnVision

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	Mar 3-5	<i>Gymland/Arena Invitational 6-10, XP/XD/XSap</i>	Arena
	Mar 10-12	<i>March Madness Levels 2-10 & All Xcel, All USAIGC</i>	North Stars
	Mar 10-12	<u><i>Candyland Classic 2-5, All Xcel & USAIGC Copper - Diamond</i></u>	Westys @ Kartrite Resort & Indoor Waterpark, Monticello, NY
	Mar 11/12	<u><i>Rutgers Twilight Knight Invitational 2-10, All Xcel, All USAIGC, All JOGA</i></u>	Rutgers University
	Mar 11/12	<i>5/Xcel Silver State Championships</i>	Spartan
	Mar 13	<i>6/XG Declaration Deadline</i>	TBA
	Mar 18/19	<u><i>Gator Classic Invitational 2-7, All Xcel</i></u>	Giant
	Mar 18/19	<u><i>The Lucky Leprechaun Invitational 2-7, All Excel, All USAIGC</i></u>	Star Bound
	Mar 21	<i>7/XP Declaration Deadline</i>	TBA
	Mar 25/26	<i>8/9/10 State Championships</i>	Epic Manasquan, NJ
	Mar 31-Apr 2	<u><i>Spring Madness Invitational Levels 2-10, All Xcel</i></u>	Will-Moor
	Apr 1/2	<i>8/9/10 Regional Clinic</i>	Epic Manasquan, NJ
	Apr 1/2	<i>Insta-Star Invitational 2-8, All Xcel</i>	EnVision
	Apr 2	<i>There's No Place Like Home InvitationalUSAG 2-5 & XB/XS/XG</i>	Athletic Arts

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	Apr 8/9	<u>April Fool's Invitational 6/7, XB & Up</u>	Go for the Gold
	Apr 14-16	Shoot for the Stars Invitational 2-10, All Xcel	Northern Elite
	Apr 13-16	9/10 Regional Championships	Reg 7 & Excalibur @ Virginia Beach Sports Center Virginia Beach, VA
	Apr 21-23	8 Regional Championships	Reg 7 & Sportsplex @ PG Sports & Learning Complex Landover, MD
	Apr 22/23	6/Xcel Gold State Championships	Giant/Sparta
	Apr 29/30	7/Xcel Platinum/Xcel Diamond/Xcel Sapphire State Championships	Star Bound
	Apr 29/30	<u>Life is Rainbows and Unicorns 2-5, All Xcel & USAIGC Copper-Premier</u>	Westys
	May 4-7	9 Eastern National Championships	TBA
	May 7	The Floor Exercise Show-Off Invitational USAG 2-7 & XB/XS/XG/XPI	Athletic Arts
	May 11-14	10 National Championships & NIT	TBA
	Jun 2-4	<u>Xcel Regional Championships</u>	Reg 7 & Centre Elite @ Nittany Vally Sports Center State College, PA

Year	Date	Level/Meet/Event	Host/ Location
	Aug 4/5	<i>US Classic</i>	NOW Arena Hoffman Estates, IL
	Aug 24-27	<i>US Gymnastics Championships</i>	SAP Center San Jose, CA