



Meets/Clinics/Events

Updated 8.2.2022

Notes: 1. Priority day for all Sectionals & States is Sunday. If two days are required, Saturday & Sunday are priority days. Friday will only be used to meet USAG R&P requirements.

Year	Date	Level/Meet/Event	Host/ Location
2022	Jun 24-26	<u>Region 7 Congress</u>	Hilton Baltimore Inner Harbor Baltimore, MD
	Jul 8-10	<u>Region 7 PSP Camp</u>	Parkettes Allentown, PA
	Jul 28-31	<u>U.S. Classic</u>	Maverick Center Salt Lake Valley, UT
	Aug 18-21	<u>U.S. Gymnastics Championships</u>	Amalie Arena Tampa, FL
	Aug 18-21	<u>USAG National Congress & Trade Show</u>	Tampa Convention Center Tampa, FL
	Sep 9-11	<u>Region 7 High Performance Camp</u>	Woodward Gym Camp Woodward, PA
	Sep 17/18	Region 7 NAWGJ Symposium	St. Thomas Aquinas HS Edison, NJ
	Sep 24/25	USAG-NJ State Clinic (Details to follow)	St. Thomas Aquinas HS Edison, NJ
	TBA	<u>Region 7 Xcel Camp</u>	TBA
	Oct 22/23	Pumpkin Cup	TBA
	Nov 6	Flippin into Fall Critique Meet USAG 2-5 & XB/XSII	Spartan Ocean, NJ
	Nov 12/13	Cornucopia Invitational Levels 2-4 & XB/XS	North Stars

Year	Date	Level/Meet/Event	Host/ Location
	Nov 19/20	Lemon Classic Invitational USAG 2-10 & All Xcel	Bright Stars Total Turf Pittman, NJ
	Nov 18-20	Rutgers Classic	Rutgers University
2023	Jan 6-8	Garden State Classic Levels 2-10 & All Xcel, All USAIGC	North Stars
	Jan 15	Registration Due for All Gymnasts	
	Jan 22	Levels 2/3 Declaration Deadline	
	Jan 29	Levels 4/XB Declaration Deadline	
	Feb 11/12	2/3 State Championships	TBA
	Feb 14	Levels 8/9/10/IES Declaration Deadline	
	Feb 19	Levels 5/XS Declaration Deadline	
	Feb 25/26	4/Xcel Bronze State Championships	TBA
	Mar 10-12	March Madness Levels 2-10 & All Xcel, All USAIGC	North Stars
	Mar 11/12	5/Xcel Silver State Championships	TBA
	Mar 13	6/XG Declaration Deadline	
	Mar 21	7/XP Declaration Deadline	
	Mar 25/26	8/9/10 State Championships	TBA
	Apr 1/2	8/9/10 Regional Clinic	Epic Manasquan, NJ
	Apr 14-16	9/10 Regional Championships	TBA
	Apr 22/23	8 Regional Championships	TBA
	Apr 22/23	6/Xcel Gold State Championships	TBA
	Apr 29/30	7/Xcel Platinum/Xcel Diamond/Xcel Sapphire State Championships	TBA

Year	Date	Level/Meet/Event	Host/ Location
	May 4-7	<i>9 Eastern National Championships</i>	TBA
	May 11-14	<i>10 National Championships & NIT</i>	TBA