



Meets/Clinics/Events

Updated 5.14.2022

Notes: 1. Priority day for all Sectionals & States is Sunday. If two days are required, Saturday & Sunday are priority days. Friday will only be used to meet USAG R&P requirements.

Year	Date	Level/Meet/Event	Host/Location
2022	May 5-8	Eastern National Championships USAG 9	Rochester Gymnastics Golisano Training Center Rochester, N.Y.,
	May 10-15	National Championships USAG 10	Mesa, AZ
	May 14/15	State Championships USAG 6 & 7	Will-Moor
	May 14/15	State Championships USAG Xcel Gold, Platinum & Diamond	Star Bound
	Jun 24-26	<u>Region 7 Congress</u>	Hilton Baltimore Inner Harbor Baltimore, MD
	Jul 8-10	<u>Region 7 PSP Camp</u>	Parkettes Allentown, PA
	Jul 28-31	<u>U.S. Classic</u>	Maverick Center Salt Lake Valley, UT
	Aug 18-21	<u>U.S. Gymnastics Championships</u>	Amalie Arena Tampa, FL
	Aug 18-21	<u>USAG National Congress & Trade Show</u>	Tampa Convention Center Tampa, FL
	Sep 9-11	<u>Region 7 High Performance Camp</u>	Woodward Gym Camp Woodward, PA
	TBA	<u>Region 7 Xcel Camp</u>	TBA