



**USA GYMNASTICS.**

*New Jersey*

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July Newsletter 2018

Dear Professional Members,

I hope your summer is going well. September will be here before you know it and **our state clinic will be held on Saturday, September 8<sup>th</sup> from 4:00 – 9:00pm at Bishop George Ahr High School, 1 Tingley Lane, Edison, NJ 08820.** This year is very important for everyone to attend. **There are major changes in XCEL, Level 6/7 vaulting and optional deductions that are real game changers.** As professional members you need to understand all of these changes and hearing and viewing video application is vital to your success. I urge each and everyone of you to be there. **I would be disappointed if you started the season and did not have any idea about these MAJOR changes.** Listed below are some of the topics that will be discussed:

Junior Olympic Updates

XCEL Updates

Level 6/7 vaulting

XCEL Silver Level Vaulting changes

Optional (up to the level deductions)

Safe Sports

I have requested a representative from USAG Safe Sports to attend our congress to discuss the updated changes. For this reason, I cannot give an exact schedule at this time. You all must read these new changes. **I am begging you to take a very active look at what is coming. This is extremely serious and I cannot help you, if you have not helped yourself.** One man's actions have set-off a very strict culture that we must all follow. I will be reviewing all of this at the state clinic and again, if you are not there, I would be very worried for you. I have spent the last six months helping people with situations and believe me this is not easy work. You need to come and listen! Hopefully, USAG will be able to send someone that can answer questions that you may have after my lecture. This is a critical time in our sport and the microscope is on everyone. Do not be left in the dark about your rights and responsibilities. If I worked at a club, and they were not sending me, I would make sure that I am there. **Some of the information will be a bit shocking to all of you.** I don't mean to scare you, but I want you to be prepared. Also, you need to review athlete registration. It is different than in the past, start looking TODAY!

Thank you for reading and I hope the rest of your summer is wonderful. Please take time to be with family and friends and cherish memories.

Regards,  
Brant Lutska  
NJ State Administrative Committee Chairman

Best way to reach me is via text message. Include your full name in the message.