



## REGION 7 LEVEL 10 REGIONAL ANNOUNCEMENTS 2018

### QUALIFICATION TO JUNIOR OLYMPIC NATIONALS

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- There are 12 age groups at Junior Olympic Nationals
- Top 7 athletes per age group qualify to Junior Olympic Nationals (provided they score a min of **35.AA**)
- 2 alternates to be named (information for alternates listed later)
- There are NO individual event qualifiers to JO Nationals
- All information about Junior Olympic Nationals can be found on the host website: <http://www.jonationals.com>
- Ties for 7<sup>th</sup> place: Tie breaking procedures will be applied in the event of ties to determine which athlete's scores will be used for the Region 7 Team, and which will be used as individual scores only
  - 2-way tie: In the event of a 2-way tie, the higher ranked AA will compete on the Region 7 team. The lower ranked AA will compete as an individual with Region 7.
  - 3-way tie: the lower ranked AA will compete as an individual with another region if space is available.
- Extra slots from other regions: If Region 7 receives additional slots in age groups from other regions, the 8<sup>th</sup> placed athlete (in that age group) at Level 10 Regionals will compete as an individual for the other region. This athlete will also train with the region they are competing with. This athlete is also 1<sup>st</sup> alternate for the Region 7 team.
  - We will post any additional slots, by age group, awarded to Region 7 at the regional meet, and will announce this at the coaches' meetings

### ENTRIES TO JUNIOR OLYMPIC NATIONALS

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- Region 7 will send electronic meet results from Level 10 Regionals as entries to Junior Olympic Nationals
- **Region 7 will pay for all entries for Region 7 athletes qualified to Junior Olympic Nationals provided that the athlete attends the JO National Qualifier Meeting on Friday April 13<sup>th</sup>, 4:30-6:30pm**
  - Any athlete that does NOT plan to attend the JO National Qualifier Meeting is required to submit a check for **\$150.00** immediately following their competition session to cover their entry fee and shipping costs for regional apparel (to the athlete's club). Checks payable to "Region 7". Please submit check to Jen Bortz, RACC.

## **DECLINES**

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- If your athlete qualifies for JO Nationals, and is not eligible or does not wish to compete at JO Nationals, please notify us at the coaches' meeting BEFORE the competition session at Level 10 Regionals
- PLEASE—we are a team. Have a conversation about JO Nationals BEFORE you attend regionals. This will allow us to name the athletes going to JO Nationals at our regional meet.

## **SCRATCHES**

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- Scratches or changes in athlete or coach information for JO Nationals should be reported IMMEDIATELY to Annie Heffernon: [aheffernon@usagym.org](mailto:aheffernon@usagym.org) or (816) 810-2631. Please include the athlete's name, USA Gym number, Club, Region and Age group. Please copy Linda Johnson and Jen Bortz on this correspondence so that we can assist with notifying alternates. DO NOT NOTIFY ALTERNATES!

## **COACHES ATTENDING JO NATIONALS**

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- Coaches will register with Jen Bortz, RAC, at Regionals. Please note the following new guidelines for coaches attending JO Nationals:  
1-4 Athletes Participating-maximum of 3 credentialed coaches allowed on field of play  
5-9 Athletes Participating-maximum of 4 credentialed coaches allowed on field of play  
10+athletes participating-contact Annie Heffernon for coach credentials

Additional Credentials may be purchased for \$100. Upon approval of the JO Program Director. Please see Jen at Regionals for details.

## **JO NATIONAL QUALIFIERS MEETING**

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- **Friday April 13<sup>th</sup>**, at the PG Sports and Learning Complex (Field House), 4:30-6:30pm
- For all athletes who qualify to JO Nationals, and alternates, and their coaches
- **Regional Apparel will be distributed at the meeting to JO National Competitors**
- Region 7 will pay the entry fees for JO Nationals for all athletes who attend the meeting.
- Any athlete who does not attend the camp must bring a check for \$150.00, payable to Region 7, to cover the entry fee and shipping cost of regional apparel. The check must be given to Jen Bortz, RACC, immediately after the competition session.
- Additional information about the meeting will be available at regionals.

## **JO NATIONALS SCHEDULE AND VENUE**

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- Information about the JO National venue and schedule can be accessed at <http://www.jonationals.com/info/>

## **HOTELS**

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- Region 7 does not have a hotel block for nationals. The host hotel is the Hyatt on West 5<sup>th</sup> Street. There is also a Westin within walking distance.
- Additional information regarding hotels can be found at <http://www.jonationals.com/info/>

- I strongly suggest if you have not made hotel reservations, you do so as soon as possible
- If you made reservations proactively earlier in the season, please remember to cancel any rooms you will not need to avoid penalties

## **ALTERNATES**

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Our alternates play a very important role as part of our team effort at JO Nationals. Many clubs ask whether they should travel their gymnasts in alternate positions. This is a club/coaching decision. Here is some information pertaining to alternates:

- If you are planning to travel with your alternate, please notify Linda Johnson, RJOCC
- If you plan to travel with your alternate, you are responsible for finding training for your athlete while in Cincinnati.
- See Apparel section below for apparel guidelines for alternates

## **APPAREL**

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### **Athletes:**

**Competitive Apparel:** GK is again generously donating apparel, including a competition leo, tank leo, warm-up jacket, and stretch capris, for the athletes competing at JO Nationals.

- **AA places 1-10** in each age group will need to report for GK sizing. If an age group has more than 10 slots awarded for nationals, all qualifiers must get sized.
- GK sizing will be conducted after awards for each competitive session
- All Region 7 athletes who qualify to compete at JO Nationals will receive GK competition apparel, and can pick up apparel at the venue on Thursday May 10th(4-7) or on Friday May 11<sup>th</sup> (8-5) **NOTE: Region 7 is in the second training session on Friday (10:30am-1pm)**
- 1<sup>st</sup> alternates will also receive GK competition apparel. They can pick up apparel at the venue once all competitors have picked up apparel for Region 7.
- 2<sup>nd</sup> alternates DO NOT receive apparel unless called to compete.
- JO National competitors should plan to bring skin tone briefs to wear with the competitive leo. Briefs are NOT included with competitive apparel. No racer back sports bras.

**Regional Apparel:** Region 7 is proud to provide our Region 7 JO Competitors a regional apparel package to take to JO Nationals.

- All Region 7 JO Competitors and 1<sup>st</sup> alternates will receive Regional Apparel.
- Regional apparel will be distributed at the **JO Nationals Qualifier Meeting Friday April 13<sup>th</sup>**.
- **NEW FOR 2018: only athletes who qualified to compete at JO Nationals, and 1<sup>st</sup> alternate, will receive regional apparel.** 2<sup>nd</sup> alternates should submit sizing information for regional apparel at the JO Qualifiers meeting in the event that they are called to compete. In that event, the region will arrange to mail the regional apparel to the athlete's club.

**Coaches:**

- **Training Day:** Coaches should plan to wear the 2018 Regional shirt on training day with black pants/shorts. Shirts should be picked up at registration at regionals.
  
- **Competition Days:** We will be using the same coaches' shirts that were used for 2017 JO Nationals and Easterns. There will be different shirts for Saturday and Sunday competition. If you qualify an athlete to Nationals and do not have shirts from last year, and will be coaching your athlete at Nationals, please pick up a shirt immediately after the competition session at regionals. You will complete a shirt order form, and then will receive your shirt. If you have athletes competing on both days, you will receive a 2 shirts/coach. Again, shirts are only available for coaches traveling to Nationals.

**LIVE STREAMING OF JO NATIONALS**

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- USA Gymnastics is planning to provide live streaming of JO Nationals.
- Athletes must submit a publicity release form (attached), signed by the athlete (if 18) or her parent/legal guardian (if under 18) in order to be included in the streaming
- **Please bring the completed release form (attached) to Level 10 Regionals and submit this at registration at regionals.** Region 7 will send in all forms to the national office.
- If you do not submit the form at regionals, it will be your responsibility to send this to the National office by May 1<sup>st</sup>.

**ADDITIONAL CLUB RESPONSIBILITIES FOR JO NATIONALS**

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- Information about JO Nationals can be found at: <http://www.jonationals.com>
- **BANQUET AND ATHLETE BIOS:** Clubs are responsible for purchasing banquet tickets and sending athlete bios. The athlete bio form is attached and can be found on the Region 7 website.

*Good luck to all of our athletes at Level 10 Regionals and  
2018 JO Nationals!*