



**2018 JO National Qualifiers Meeting (replacing Team 7 Edge Clinic)**

The objective of this meeting is to unify the gymnasts and coaches in preparation for the best outcome at nationals. The gymnasts will be grouped according to age group, and 2 age groups will rotate to each event. Judges will be assigned to events to review deductions from regionals. We will also discuss training day for nationals.

**THERE IS NO TRAINING AT THIS MEETING!!**

Where: Prince George's Sports and Learning Complex (**Field House**)

When: Friday April 13<sup>th</sup> **4:30-6:30pm**

Who: All gymnasts who have qualified to nationals, alternates, and their coaches

*Note: All gymnasts attending this clinic must be accompanied by a coach from their gym (preferably the coach that will be attending nationals)*

Region 7 will pay entry fees to JO Nationals for all gymnasts who attend the clinic with their coaches.

It will be a packed but productive meeting!!! Be ready to start at **430 sharp.**

Schedule:

4:30-4:45	General Information for Nationals
4:45-6:15	6-15 min Rotations (see below)/Coaches' Meeting
6:15-6:30	Meeting with Alternates, Meeting with all coaches; Closing

Rotations:

<b>Age Group</b>	<b>1<sup>st</sup> Event</b>
Sr E, Sr F	Vault
Sr C, Sr D	Bars
Sr A, Sr B	Beam
Jr E, Jr F	Floor
Jr C, Jr D	Tips for Success
Jr A, Jr B	Regional Apparel

**Go Region 7!!!**