



## 2018 Region 7 JO Training Camps Save The Dates!!

**\*Note: Gymnasts attending camps must be accompanied by a coach**

**July 13-15, 2018      Pre-Season Prep**

Who: Levels 8-10

Where: World Class Gymnastics, Newport News, VA

**Information will be emailed to states and posted on the website in late  
Feb/early March**

**September 14-16, 2018    High Performance Training Camp**



Who: All Level 9 and 10 gymnasts who competed in 2018 Easterns or JO Nationals and achieved an AA score of 36 or higher at their national meet. Qualifying score will be adjusted after nationals, if need be, to guarantee 120 participants.

Where: Woodward Gymnastics Camp, Woodward, PA

**All camps will be approved for CPE credit for judges.**