

2010 Region VII Level 9 and 10 Championships Athlete Roster

Team Name	Session	Athlete Name	Level	Age Group
Accelerations	4	Dalanna Klopp	9	Senior 8
ACPR	1	Gabrielle Jordan	9	Junior 4
ACPR	10	Emily Heller	10	Senior A
ACPR	11	Samantha Bowman	10	Senior D
Action Gymnastics	2	Corrine Greis	9	Senior 1
Action Gymnastics	2	Alana Morgan	9	Senior 3
Action Gymnastics	2	Amy Vicidomini	9	Senior 3
Action Gymnastics	9	Courtney Boyle	10	Junior C
Action Gymnastics	10	Megan Cole	10	Senior A
Aerial East	2	Megan Love	9	Senior 3
Aerial East	3	Abby Holmes	9	Senior 5
Aerial East	3	Shelby Hunt	9	Senior 5
Aerial East	3	Emily Maynard	9	Senior 4
AJS Pancott	5	Mary Dalton	9	Junior 3
AJS Pancott	5	Marisa Waite	9	Junior 3
AJS Pancott	7	Abigail Bensley	9	Junior 7
AJS Pancott	8	Morgan Kovatch	10	Junior A
AJS Pancott	8	Jenna Senholzi	10	Junior B
AJS Pancott	10	Taylor Rakus	10	Senior A
All Pro	3	Desna Johnson	9	Senior 5
American Gym Academy	1	Rachel Pallay	9	Junior 8
American Gym Academy	6	Lauren DeMeno	9	Junior 2
American Gym Academy	7	Faye Lawrence	9	Junior 7
American Gym Academy	11	Brittanie DeMeno	10	Senior B
Apex	1	Madison O'Braitis	9	Junior 8
Apex	3	Madeline Scozzie	9	Senior 4
Apex	4	Sarah Odonnell	9	Senior 8
Apex	9	Brielle Davis	10	Junior D
Apollo	1	MaryLynn Clark	9	Senior 2
Apollo	2	Jane Winstead	9	Senior 1
Apollo	3	Anika Woodard	9	Senior 4
Apollo	6	Leah Turner	9	Junior 2
Apollo	7	Julia Konner	9	Junior 7
Apollo	7	Arianna Robinson	9	Junior 6
Apollo	9	Caitlyn Cantello	10	Junior D
Apollo	10	Paige Krall	10	Senior C
Apollo	11	Kristin Blades	10	Senior D
Apollo	11	Morgan Byrd	10	Senior D
Apollo	11	Megan McDonald	10	Senior D
Apollo	11	Megan Melendez	10	Senior B
Apollo	11	Erin Turner	10	Senior B
Apollo	11	Ebony Walters	10	Senior D
Arcadia	1	Kelly Burak	9	Junior 8
Arcadia	2	Samantha Engle	9	Senior 3
Arcadia	4	Stephanie Cuddy	9	Senior 8
Arena Gymnastics	5	Savannah Wood	9	Junior 1

2010 Region VII Level 9 and 10 Championships Athlete Roster

Team Name	Session	Athlete Name	Level	Age Group
Arena Gymnastics	9	Lindsay Carbone	10	Junior C
Arena Gymnastics	10	Kristen Harabedian	10	Senior C
Arena Gymnastics	10	Brittany Marcsisin	10	Senior A
Arena Gymnastics	11	Lane Jarred	10	Senior B
Artistic Sports	1	Cheyenne Keller	9	Senior 2
Artistic Sports	4	Holly Murray	9	Senior 8
Artistic Sports	6	Ellerie Krot	9	Junior 2
Artistic Sports	7	Allison Hergentother	9	Junior 6
Artistic Sports	8	Lia Breeden	10	Junior B
Artistic Sports	8	Alexis Mattern	10	Junior B
Artistic Sports	10	Ashley Noll	10	Senior A
Artistic Sports	11	Taylor Rohrbaugh	10	Senior B
Atlantic Coast	1	Sarah Krulish	9	Senior 2
Atlantic Coast	1	Sami Monzo	9	Junior 8
Atlantic Coast	2	Megan Gretzmacher	9	Senior 3
Atlantic Coast	2	Amanda Rota	9	Senior 3
Atlantic Coast	3	Cara Cianci	9	Senior 5
Atlantic Coast	3	Katie Hollywood	9	Senior 4
Atlantic Coast	3	Jessica Powell	9	Senior 5
Atlantic Coast	4	Casey Addis	9	Senior 8
Atlantic Coast	5	Kimberly Albertson	9	Junior 3
Atlantic Coast	7	Victoria Adriano	9	Junior 7
Atlantic Coast	7	Ashley Kiszewski	9	Junior 6
Atlantic Coast	9	Alicia Bair	10	Junior C
Atlantic Coast	9	Morgan Venuti	10	Junior C
Atlantic Coast	10	Shannon Gray	10	Senior C
Atlantic Coast	10	Alexandria Ivoll	10	Senior C
Atlantic Coast	10	Samantha Musto	10	Senior A
Atlantic Coast	11	Kristin Vignola	10	Senior D
Berks	1	Bailey Gallagher	9	Junior 8
Berks	1	Ajjea Hargrave	9	Junior 8
Berks	2	Jana Franey	9	Senior 3
Berks	2	Ciara Kapsa	9	Senior 1
Berks	3	Leanne Daniels	9	Senior 4
Berks	3	Sara McKenrick	9	Senior 4
Berks	4	Jasmin Johnson	9	Senior 6
Berks	4	Sarah Lorish	9	Senior 6
Berks	4	Kaitlyn McNeill	9	Senior 7
Berks	10	Hannah Barile	10	Senior C
Berks	10	Anastasia Halbig	10	Senior A
Berks East	10	Michaela Lapent	10	Senior A
Berks East	11	Jessica Dougherty	10	Senior D
Berks East	11	Cara Lord	10	Senior B
Bucks II	6	Kathryn Houser	9	Junior 2
Butler Hy-Flyers	10	Taylor Bowers	10	Senior A
Butler Hy-Flyers	11	Angela Gallik	10	Senior D

2010 Region VII Level 9 and 10 Championships Athlete Roster

Team Name	Session	Athlete Name	Level	Age Group
C&Z Angels	6	Jenna DeLuca	9	Junior 2
Capital	1	Lauren Sloan	9	Junior 8
Capital	1	Kari Willett	9	Junior 8
Capital	3	Ashley DeWoolfson	9	Senior 4
Capital	3	Summer Sandoval	9	Senior 4
Capital	5	Ciara Hoernke	9	Junior 3
Capital	5	Morgan Stahl	9	Junior 3
Capital	6	Chloe Cluchey	9	Junior 2
Capital	7	Meghan Henry	9	Junior 7
Capital	8	Simone Freidman	10	Junior B
Capital	8	Lucy Palma	10	Junior A
Capital	8	Leah Slobodin	10	Junior B
Capital	9	Erin Buchanan	10	Junior C
Capital	9	Caroline Ramirez	10	Junior D
Capital	10	Sylvie Borschel	10	Senior C
Capital	10	Lia Salzano	10	Senior C
Capital	10	Carleigh Wrobel	10	Senior A
Capital	11	Katie O'Rourke	10	Senior D
Central Bucks	1	Anella Anderson	9	Senior 2
Central Bucks	1	Kirsten Einset	9	Junior 8
Central Bucks	3	Olivia Labs	9	Senior 5
Central Bucks	4	Kristin Aichele	9	Senior 6
Central Bucks	4	Megan Bolash	9	Senior 7
Central Bucks	6	Murray Peyton	9	Junior 5
Central Bucks	7	Shealyn Foley	9	Junior 7
Central Bucks	7	Rebecca McKeivitt	9	Junior 6
Central Bucks	10	Kelsey Capps	10	Senior A
Central Bucks	11	Kiera Kenney	10	Senior D
Chantilly Academy	1	Kelsey O'Connor	9	Junior 8
Chantilly Academy	6	Jasmine Shuey	9	Junior 5
Chantilly Academy	7	Allison Gibbs	9	Junior 6
Chantilly Academy	11	Shannon Bliss	10	Senior B
Chantilly Academy	11	Angelique Cross	10	Senior B
Chantilly Academy	11	Jasmine Dockett	10	Senior B
Chantilly Academy	11	Katie Durst	10	Senior D
Cherry Hill	2	Jaime Urkowitz	9	Senior 1
Cherry Hill	9	Reagan Oliveri	10	Junior D
Cherry Hill	10	Rachel Daub	10	Senior C
Cherry Hill	10	Brianna Hughes	10	Senior A
Devlin Gymnastics	11	Brianna Ecklof	10	Senior D
Docksiders	1	Miranda Telmanik	9	Junior 8
Docksiders	2	Meagan Rotondo	9	Senior 3
Docksiders	2	Emma Staisloff	9	Senior 1
Docksiders	4	Monica Durham	9	Senior 7
Docksiders	5	Noelle DeCesare	9	Junior 1
Docksiders	6	Leah Dunn	9	Junior 2

2010 Region VII Level 9 and 10 Championships Athlete Roster

Team Name	Session	Athlete Name	Level	Age Group
Docksiders	6	Alexandra Zois	9	Junior 5
Docksiders	8	Emily Bowen	10	Junior A
Docksiders	9	Heather Atwood	10	Junior D
Docksiders	10	Brianna Guy	10	Senior A
Docksiders	10	Stephanie Ouellette	10	Senior C
Docksiders	10	Betsy Zander	10	Senior C
Docksiders	11	Amanda Castle	10	Senior B
Docksiders	11	Alexis Gross	10	Senior B
Docksiders	11	Krystal Welsh	10	Senior B
Dynamats	4	Vikte Lionikaite	9	Senior 7
East West Stars	4	Bethany Yurko	9	Senior 8
ENA Paramus	2	Kaila Solomon	9	Senior 1
ENA Paramus	3	Sarah Sta Ana	9	Senior 4
ENA Paramus	4	Dana Ergas	9	Senior 6
ENA Paramus	4	Montana Thare	9	Senior 8
ENA Paramus	8	Nicole Medvitz	10	Junior B
ENA Paramus	9	Rachel Fielitz	10	Junior C
ENA Paramus	9	Kaitlin Menhinick	10	Junior D
ENA Paramus	10	Stephanie Giameo	10	Senior A
ENA Paramus	10	Natali Ruzich	10	Senior A
ENA Paramus	11	Allison Rubenstein	10	Senior B
ENA Pompton	4	Jamie Hammell	9	Senior 6
Envision	11	Alexis Gunzelman	10	Senior D
Excalibur	5	Shanitae Then	9	Junior 3
Excalibur	6	Chase Walker	9	Junior 5
Excalibur	8	Rebekah Conrad	10	Junior B
Excalibur	8	Kaitlynn Hedelund	10	Junior A
Excalibur	8	Natalia Joyce	10	Junior B
Excalibur	9	Maria Cross	10	Junior C
Excalibur	9	Amanda McGee	10	Junior D
Excalibur	9	Sara Tiano	10	Junior C
Excalibur	10	Sheriese Clark	10	Senior A
Excellence Gym Sports	2	Hannah Swearengin	9	Senior 1
Excellence Gym Sports	9	Alyssa Glass	10	Junior D
Fairland	1	Monika Looney	9	Senior 2
First State	3	Melissa Idell	9	Senior 4
First State	6	Tiara Wright	9	Junior 2
First State	8	Mia DiFrancesco	10	Junior A
First State	9	Haley Jones	10	Junior D
Flips	6	Skylar Freyman	9	Junior 2
Frederick Gymnastics Club	3	Stacy Allen	9	Senior 4
Frederick Gymnastics Club	3	Kaitlyn Honarmand	9	Senior 4
Frederick Gymnastics Club	7	Alyssa Bertoni	9	Junior 7
Frederick Gymnastics Club	7	Hannah Locke	9	Junior 7
Frederick Gymnastics Club	8	Tyra McKellar	10	Junior A
Frederick Gymnastics Club	8	Faith Morrison	10	Junior B

2010 Region VII Level 9 and 10 Championships Athlete Roster

Team Name	Session	Athlete Name	Level	Age Group
Frederick Gymnastics Club	8	Mackenzie Myers	10	Junior B
Frederick Gymnastics Club	9	Katrina Carpenter	10	Junior C
Frederick Gymnastics Club	9	Audrey Tolbert	10	Junior D
Frederick Gymnastics Club	9	Laura Walker	10	Junior C
Frederick Gymnastics Club	11	Kayla Sienkowski	10	Senior B
Gemini Gymnastics	10	Melanie Shaffer	10	Senior C
Girls Co-Op	7	Sloane Smith	9	Junior 7
GMS	1	Kelly McKay	9	Senior 2
GMS	2	Megan Klein	9	Senior 1
GMS	4	Michelle Bruton	9	Senior 8
GMS	4	Tandeece Mazloun	9	Senior 8
Gym Inc.	6	Sierra Stroble	9	Junior 2
Gym Starz	5	Kirah Koshinski	9	Junior 3
GymDandys	1	Courtney Frost	9	Junior 8
GymDandys	1	Savannah Gorisek	9	Junior 4
GymDandys	1	Nina Nepa	9	Junior 8
GymDandys	2	Taylor Manalo	9	Senior 3
GymDandys	3	Danielle Casiere	9	Senior 5
GymDandys	3	Hillary Dietrich	9	Senior 4
GymDandys	3	Lauren Meyers	9	Senior 5
GymDandys	3	Erica Salizzoni	9	Senior 5
GymDandys	4	Rachel Berkstresser	9	Senior 6
GymDandys	4	Lauryn Fawcett	9	Senior 6
GymDandys	4	Riley McGrady	9	Senior 7
GymDandys	4	Alaina Witherel	9	Senior 8
GymDandys	5	Savannah Roell	9	Junior 3
GymDandys	5	Haley Yenchik	9	Junior 3
GymDandys	6	Katie McGrady	9	Junior 5
GymDandys	6	Kaela Vidovich	9	Junior 5
GymDandys	7	Lauren Milley	9	Junior 6
GymDandys	7	Victoria Piscatelli	9	Junior 6
GymDandys	11	Christy Costello	10	Senior D
GymDandys	11	Shelley Rider	10	Senior B
Gymettes	2	Austin Page	9	Senior 3
Gymettes	4	Annese Mauer	9	Senior 7
Gymettes	9	Lindsey Litten	10	Junior D
Gymettes	10	Alexa Davis	10	Senior C
Gymini	4	Maria Hayden	9	Senior 7
GymKhana	3	Charlotte Stahlfeld	9	Senior 4
Gymnastics Unlimited	4	Maria Bryant	9	Senior 8
Gymnastika	4	Antoinette Halkias	9	Senior 6
Gymnastika	10	Kristie Wei	10	Senior A
Gymnastika	11	Alexis Arena	10	Senior B
Gymniks	5	Olivia Brannan	9	Junior 1
Gymniks	5	Elena Lawson	9	Junior 1
Gymniks	8	Jaime Morgan	10	Junior B

2010 Region VII Level 9 and 10 Championships Athlete Roster

Team Name	Session	Athlete Name	Level	Age Group
Gymniks	11	Bethany Deal	10	Senior B
Gymstrada	2	Helaina Dollins	9	Senior 1
Gymstrada	2	Marianna Parker	9	Senior 3
Gymstrada	5	Akira Ison	9	Junior 1
Gymstrada	5	Wispre Jenkins	9	Junior 1
Gymstrada	5	Abigail Matthews	9	Junior 1
Gymstrada	7	Lydia Jabs	9	Junior 7
Gymstrada	7	Madelyn Smith	9	Junior 6
Gymstrada	9	Kaelin Cundiff	10	Junior C
Gymstrada	9	Maebelle Pacheco	10	Junior D
Gymstrada	11	Kelley Higgins	10	Senior D
Hanover Gymnastics	6	Amanda Pratt	9	Junior 2
Harford Gymnastics	3	Sydney Dawson	9	Senior 5
Harford Gymnastics	4	Katie Hutschenreuter	9	Senior 6
Harford Gymnastics	4	Brooke Hyman	9	Senior 7
Harford Gymnastics	9	Lydia Thompson	10	Junior D
Harford Gymnastics	10	Amanda Lievendag	10	Senior A
Harford Gymnastics	11	Anna Willette	10	Senior B
Hatboro YMCA Twisters	3	Nicole Pearson	9	Senior 4
Head Over Heels	1	Maura Mills	9	Senior 2
Head Over Heels	6	Kendall Valentin	9	Junior 5
Head Over Heels	9	Jamilah Ali	10	Junior D
Hershey Aerials	1	Morgan Fridey	9	Junior 4
Hershey Aerials	7	Alexandra Bernstein	9	Junior 7
Highlander	1	Kelsey Plecenik	9	Junior 4
Hills Gymnastics	1	Ella Wu	9	Junior 4
Hills Gymnastics	3	Abigail Ryan	9	Senior 4
Hills Gymnastics	4	Sophia Seidell	9	Senior 6
Hills Gymnastics	5	Lauren Bridgens	9	Junior 1
Hills Gymnastics	6	Danielle Hall	9	Junior 5
Hills Gymnastics	6	Natalie Livingston	9	Junior 5
Hills Gymnastics	6	Monique Mendez	9	Junior 2
Hills Gymnastics	7	Adell Remsberg	9	Junior 7
Hills Gymnastics	8	Robyn Bernard	10	Junior A
Hills Gymnastics	8	Taylor Chep	10	Junior B
Hills Gymnastics	9	Sarah Lokos	10	Junior C
Hills Gymnastics	9	Shannon Mitchell	10	Junior D
Hills Gymnastics	9	Bailey Philbin	10	Junior D
Hills Gymnastics	10	Alexis Carroll	10	Senior A
Hills Gymnastics	10	Rebecca Curtis	10	Senior A
Hills Gymnastics	10	Danielle Kram	10	Senior A
Hills Gymnastics	11	Katy Dodds	10	Senior D
Hills Gymnastics	11	Dayah Haley	10	Senior B
Hurricane	2	Kasey Stone	9	Senior 1
Hurricane	5	Alexis Rawlings	9	Junior 3
Hurricane	6	Jamie Stone	9	Junior 2

2010 Region VII Level 9 and 10 Championships Athlete Roster

Team Name	Session	Athlete Name	Level	Age Group
Indigo Gymnastics Center	3	Shannon Bell	9	Senior 5
Indigo Gymnastics Center	9	Jaine-Lynn VanPutten	10	Junior C
Indigo Gymnastics Center	11	Luisa Leal	10	Senior B
KMC	6	Sydney Eckert	9	Junior 5
KMC	6	Hannah Norman	9	Junior 5
KMC	7	Rachel Lee	9	Junior 6
LaGymnastique	3	Alexis Alba	9	Senior 4
Lakettes	1	Jill Coyne	9	Junior 8
Lakettes	1	Peyton Schuller	9	Junior 4
Lakettes	2	Kathryn Stebick	9	Senior 3
Lakettes	6	Hayley Nejman	9	Junior 5
Lakettes	10	Marie Case	10	Senior C
Loudoun	4	Qadera Malveaux	9	Senior 6
Loudoun	7	Evelyn Nee	9	Junior 6
LVSA	4	Alexandria Kennedy	9	Senior 8
LVSA	9	Cheyenne Stickel	10	Junior D
LVSA	10	Kassidy Stauder	10	Senior C
Madison	4	Liana Merkel	9	Senior 6
Manettes	4	Wynne Levy	9	Senior 6
Metzler's	1	Ingrid Calfee	9	Junior 8
Metzler's	1	Alexis Stiefel	9	Senior 2
Metzler's	3	Daniele Herbine	9	Senior 5
Metzler's	5	Deven Herbine	9	Junior 1
Metzler's	7	Dana Herbine	9	Junior 6
Monmouth Gymnastics	6	Jenna Crisalli	9	Junior 5
Mountain Magic	5	McKenna Kelly	9	Junior 3
Nittany Gymnastics	7	Kira Hoy	9	Junior 6
Nittany Gymnastics	7	Kyra Levi	9	Junior 7
North Stars	1	Michelle Amoresano	9	Junior 4
North Stars	5	Giulia Arpino	9	Junior 1
North Stars	5	Juliana Belar	9	Junior 3
North Stars	5	Alicia Boren	9	Junior 3
North Stars	5	Ashley Foss	9	Junior 1
North Stars	5	Alonza Klopfer	9	Junior 1
North Stars	5	Fallon Way	9	Junior 3
North Stars	6	Kelsi Kuprat	9	Junior 2
North Stars	6	Alberta Massey	9	Junior 2
North Stars	6	Erika Muhaw	9	Junior 2
North Stars	6	Anne Marie Neggia	9	Junior 2
North Stars	6	Logan Riccardi	9	Junior 2
North Stars	8	Leah MacMoyle	10	Junior B
North Stars	11	Elizabethe Manzi	10	Senior D
Northeast All Around	6	Gianna Plaska	9	Junior 2
Northeast All Around	7	Ashlynn Heller	9	Junior 6
Northeast All Around	8	Elena Lagoski	10	Junior B
Northeast All Around	9	Maria Chielli	10	Junior C

2010 Region VII Level 9 and 10 Championships Athlete Roster

Team Name	Session	Athlete Name	Level	Age Group
Northeast All Around	11	Samantha Menichini	10	Senior B
Northeast Elite	5	Kirsten Tse	9	Junior 3
Northern Elite	1	Alyssa Hendrixson	9	Junior 8
Ocean Tumblers	1	Arielle Labat	9	Junior 4
Ocean Tumblers	4	Kiley Edmundson	9	Senior 6
Ocean Tumblers	4	Stephanie Schuler	9	Senior 7
Ocean Tumblers	4	Kayla Sheets	9	Senior 8
Ocean Tumblers	5	Nevin Adamski	9	Junior 1
Ocean Tumblers	5	Rianna O'Connor	9	Junior 1
Ocean Tumblers	5	Jessica Rothman	9	Junior 1
Ocean Tumblers	6	Justine Callis	9	Junior 2
Ocean Tumblers	7	Jill Holwick	9	Junior 6
Ocean Tumblers	8	Roya Shirley	10	Junior A
Paragon	1	Kayla Onesko	9	Senior 2
Paragon	2	Kelsey Gallelo	9	Senior 1
Paragon	7	Megan Onesko	9	Junior 6
Paragon	9	Kyra Trowbridge	10	Junior C
Paramount	2	Kristin Brady	9	Senior 3
Paramount	2	Kia Ponader	9	Senior 3
Paramount	2	Brittany Zickert	9	Senior 1
Paramount	3	Abigail Nolte	9	Senior 4
Paramount	5	Rachael Lukacs	9	Junior 1
Paramount	6	Emily Shugan	9	Junior 5
Parkettes	1	Lizzy Nand	9	Junior 4
Parkettes	4	Kelsey Makoul	9	Senior 6
Parkettes	4	Mallory Schmoyer	9	Senior 6
Parkettes	5	Meredith Sylvia	9	Junior 1
Parkettes	5	Ashley Szafranski	9	Junior 1
Parkettes	6	Rachael Donovan	9	Junior 2
Parkettes	6	Kaitlyn Szafranski	9	Junior 2
Parkettes	8	Jazmyn Estrella	10	Junior A
Parkettes	8	Megan Feltham	10	Junior A
Parkettes	8	Annie Masenheimer	10	Junior B
Parkettes	8	Jade Williams	10	Junior A
Parkettes	9	Taylor Alotta	10	Junior C
Parkettes	9	Jacqueline Lucci	10	Junior C
Parkettes	10	Alexandra Cope	10	Senior A
Parkettes	10	Kayla Mercado	10	Senior A
Parkettes	11	Lia Del Priore	10	Senior B
Parkettes	11	Brittney Mackins	10	Senior D
Parkettes	11	Alyssa Straub	10	Senior D
Parkettes	11	Rebecca Tutka	10	Senior B
Pittsburgh Northstars	2	Natasha Harms	9	Senior 1
Pittsburgh Northstars	3	Victoria Bianco	9	Senior 4
Pittsburgh Northstars	3	Winona Li	9	Senior 5
Pittsburgh Northstars	4	Lauren Gabriel	9	Senior 8

2010 Region VII Level 9 and 10 Championships Athlete Roster

Team Name	Session	Athlete Name	Level	Age Group
Pittsburgh Northstars	7	Carrie Leibensperger	9	Junior 7
Pittsburgh Northstars	10	Gillian Carr	10	Senior C
Precision	3	Nicolette Wilson	9	Senior 5
Prestige	1	Sabrina Garcia	9	Junior 4
Prestige	1	Jordan Hess	9	Junior 4
Prestige	1	Olivia Hess	9	Junior 8
Prestige	2	Erin Donohue	9	Senior 3
Prestige	2	Aubree Horn	9	Senior 1
Prestige	2	Cecelia Lorenzen	9	Senior 3
Prestige	2	Katelyn Roland	9	Senior 1
Prestige	2	Amanda Young	9	Senior 3
Prestige	5	Braelen Kralowetz	9	Junior 3
Prestige	6	Heather Brubaker	9	Junior 5
Prestige	6	Cierra Groom	9	Junior 5
Prestige	6	Myranda Marshall	9	Junior 2
Prestige	6	MaryEllen Targonski	9	Junior 5
Prestige	7	Carli Gohn	9	Junior 7
Prestige	7	Olivia Minnick	9	Junior 6
Prestige	7	Brenna Rubinstein	9	Junior 7
Prestige	8	Morgan Denlingler	10	Junior A
Prestige	8	Kaelin Ruoss	10	Junior A
Prestige	8	Kirstin Stambaugh	10	Junior B
Prestige	9	Shealyn Farley	10	Junior C
Prestige	9	Aubrey Hine	10	Junior C
Prestige	9	Mary Licon	10	Junior D
Prestige	10	Lyndsey Dickson	10	Senior A
Prestige	10	Alissa Nguyen	10	Senior A
Prestige	10	Mackenzie Oettel	10	Senior A
Prestige	11	Taylor Huey	10	Senior B
Rebound	1	Alexis Gabel	9	Senior 2
Rebound	1	Emily Powell	9	Junior 8
Rebound	1	Emily Repnicki	9	Junior 8
Rebound	3	Amanda Hasler	9	Senior 5
Rebound	5	Kristen Politz	9	Junior 1
Rebound	5	Melissa Reinstadtler	9	Junior 1
Rebound	8	Julianna Drapkin	10	Junior A
Rebound	8	Kali Zamkoff	10	Junior B
Rebound	10	Emma Hoffman	10	Senior A
Rebounders	2	Katie Callahan	9	Senior 1
Rebounders	2	Alexandra Zimmerman	9	Senior 3
Rebounders	3	Megan Wall	9	Senior 5
Rebounders	4	Katherine Hill	9	Senior 7
Rebounders	7	Sara LaMonica	9	Junior 6
Rebounders	9	Sarah Riedel	10	Junior C
Revolution Gymnastics	3	Jamie Judge	9	Senior 5
Revolution Gymnastics	4	Sonya Rouleau	9	Senior 6

2010 Region VII Level 9 and 10 Championships Athlete Roster

Team Name	Session	Athlete Name	Level	Age Group
Revolution Gymnastics	6	Amanda Bowman	9	Junior 5
Revolution Gymnastics	7	Molli Cunningham	9	Junior 6
Richmond Olympiad	1	Tia Kelley	9	Junior 4
Richmond Olympiad	2	Allie Lewis	9	Senior 3
Richmond Olympiad	3	Mira Johnson	9	Senior 4
Richmond Olympiad	4	Parker Beattie	9	Senior 6
Richmond Olympiad	5	Sarah Mink	9	Junior 1
Richmond Olympiad	6	Derika Banks	9	Junior 5
Richmond Olympiad	6	Shanthi Hiremath	9	Junior 2
Richmond Olympiad	6	Kristen Valasek	9	Junior 5
Richmond Olympiad	7	McKaella Grow	9	Junior 7
Richmond Olympiad	7	Samantha Seymour	9	Junior 7
Richmond Olympiad	8	Alex McMurtry	10	Junior A
Richmond Olympiad	10	Reilly Beattie	10	Senior A
Richmond Olympiad	10	Larson Lasek	10	Senior C
Richmond Olympiad	11	Maureen Grady	10	Senior D
Richmond Olympiad	11	Kimberly Greenshields	10	Senior D
Richmond Olympiad	11	Adrienne Hill	10	Senior B
Ricochets	8	Alexa Goldberg	10	Junior B
Ricochets	8	Laura Jonas	10	Junior A
Ricochets	10	Patti Korschak	10	Senior A
Ricochets	11	Joanna Sampson	10	Senior B
River City	10	Madison Hamblen	10	Senior A
Roanoke Academy	7	Stephanie Weisberg	9	Junior 7
Roanoke Academy	9	Denasiha Christian	10	Junior D
Silvia's Gymnastics	1	Brianna Comport	9	Senior 2
Silvia's Gymnastics	1	Alyssa Nocella	9	Senior 2
Silvia's Gymnastics	2	Lindsay Knapp	9	Senior 3
Silvia's Gymnastics	4	Samantha Snyder	9	Senior 8
Silvia's Gymnastics	8	Erin Conboy	10	Junior B
Silvia's Gymnastics	8	Vanessa Emery	10	Junior B
Silvia's Gymnastics	8	Chelsea Raineri	10	Junior B
Silvia's Gymnastics	8	Rachel Stypinski	10	Junior A
Silvia's Gymnastics	9	Hayley Cook	10	Junior C
Silvia's Gymnastics	9	Taylor Moyer	10	Junior D
Silvia's Gymnastics	9	Brittany Prestia	10	Junior D
Silvia's Gymnastics	9	Kaitlin Sassa	10	Junior D
Silvia's Gymnastics	11	Allison Antenucci	10	Senior D
Silvia's Gymnastics	11	Paige Griffin	10	Senior D
Skyline Gymnastics	1	Victoria Heath	9	Senior 2
Spirit Gymnastics	10	Lauren Capone	10	Senior A
Spirit Gymnastics	11	Stephanie Plaugher	10	Senior D
St. Mary's Gymnastics	3	Karina Marks	9	Senior 5
Star Bound	7	Kristen Crispin	9	Junior 7
Team Lightning	2	Brittany Vasile	9	Senior 1
Team Lightning	6	Alexis Cadden	9	Junior 2

2010 Region VII Level 9 and 10 Championships Athlete Roster

Team Name	Session	Athlete Name	Level	Age Group
Team Lightning	6	Danielle O'Neil	9	Junior 5
Team Lightning	7	Chelsea Cowan	9	Junior 7
Team Lightning	7	Sophie Mazza	9	Junior 6
Trinity	3	Kelly Kusevich	9	Senior 5
Ultimate Gymnastics	2	Courtney Batiz	9	Senior 3
Unique Gymnastics	5	Lindsey Mathis	9	Junior 3
Unique Gymnastics	7	Aisha Hollins	9	Junior 6
Unique Gymnastics	7	Chelsea Knight	9	Junior 6
Unique Gymnastics	8	Briana Odom	10	Junior B
Unique Gymnastics	8	Taylor Puryear	10	Junior B
Unique Gymnastics	9	Samantha Ward	10	Junior C
Unique Gymnastics	10	Kelly Barock	10	Senior A
United Gymnastix	1	Marlee Michelson	9	Junior 8
United Gymnastix	8	Tracey Pearson	10	Junior B
United Gymnastix	8	Toni-Ann Williams	10	Junior B
United Gymnastix	10	Emily Seigel	10	Senior C
United Sports Academy	3	Jennifer Jordan	9	Senior 5
United Sports Academy	6	Emma Firmstone	9	Junior 2
United Sports Academy	9	Abigail Rieder	10	Junior C
United Sports Academy	11	Sara Skammer	10	Senior B
US Gym	3	Julie Hanson	9	Senior 4
US Gym	4	Meredith Daniels	9	Senior 7
US Gym	4	Alexandra Ribeiro	9	Senior 7
US Gym	5	Sahara Gipson	9	Junior 3
US Gym	5	Emma Johnson	9	Junior 1
US Gym	6	Julie Weismiller	9	Junior 2
US Gym	7	Michelle Mehallow	9	Junior 7
Uzelac Gymnastics	2	Kristin Day	9	Senior 3
VIGS	3	Kelsi Bare	9	Senior 5
VIGS	4	Daniella Baird	9	Senior 6
Will-Moor	1	Tara Ashford	9	Junior 8
Will-Moor	1	Danielle Doolin	9	Junior 4
Will-Moor	1	Erin Kingham	9	Senior 2
Will-Moor	5	Delaney Cahill	9	Junior 3
Will-Moor	6	Madison Bess	9	Junior 5
Will-Moor	6	Isabella LaScola	9	Junior 5
Will-Moor	9	Hunter Dennis	10	Junior D
Will-Moor	9	Jenna Williams	10	Junior D
Will-Moor	11	Marisa Coelho	10	Senior B
Will-Moor	11	Victoria Kane	10	Senior D
Wilson School of Gym.	3	Lori Moore	9	Senior 4
World Class	1	Savannah Borman	9	Junior 8
World Class	2	Elizabeth Mancini	9	Senior 3
World Class	2	Bridget Steffen	9	Senior 1
World Class	5	NaTori Robinson	9	Junior 1
World Class	6	Amber Miller	9	Junior 5

2010 Region VII Level 9 and 10 Championships Athlete Roster

Team Name	Session	Athlete Name	Level	Age Group
World Class	7	Whitney Estrada	9	Junior 6
World Class	7	Hunter Gillespie	9	Junior 6
World Class	7	Jessica Myers	9	Junior 6
World Class	8	Taylor Harrison	10	Junior B
World Class	8	Annabelle Hovater	10	Junior A
World Class	9	Brooke Evans	10	Junior C
World Class	10	Angela Durkac	10	Senior A
World Class	11	Brooke Morrison	10	Senior D
WV Gym Training Center	3	Taylor Herto	9	Senior 5
WV Gym Training Center	4	Lindsey Wehseler	9	Senior 8
WV Gym Training Center	5	Chelsey Hoy	9	Junior 1
WV Gym Training Center	7	Shelby Hoy	9	Junior 6
X-cel Gymnastics	2	Cassie Parise	9	Senior 1
X-cel Gymnastics	5	Taylor Hockenberry	9	Junior 1
X-cel Gymnastics	5	Alecia Petrikis	9	Junior 1
X-cel Gymnastics	5	Daniella Rabin	9	Junior 1
X-cel Gymnastics	6	Taylor Smith	9	Junior 5
X-cel Gymnastics	8	Jordan Gillette	10	Junior A
X-cel Gymnastics	8	Katie Webber	10	Junior A
X-cel Gymnastics	9	Elena Corcoran	10	Junior D
X-cel Gymnastics	9	Alexandra Misenhelter	10	Junior D
X-cel Gymnastics	9	Marissa Morus	10	Junior D
X-cel Gymnastics	9	Alexsis Petrikis	10	Junior D
X-cel Gymnastics	10	Jessica Pritchard	10	Senior C